

Grade 1: Week 21 & 22 / Sitopa sa pili: Viki 21 ni 22

Seeds, bushes and trees / Litoze, macacani ni likota



English / Silozi



Ministry of Education,
Arts and Culture



NAMIBIAN
COMMUNITY TRUST



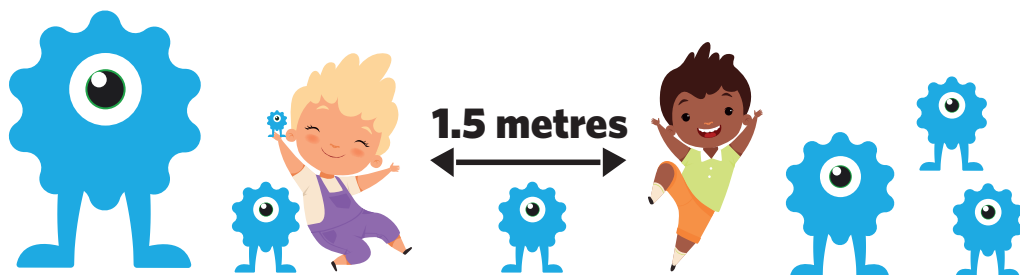
Capricorn Foundation

unicef 

for every child



ONLINE SCHOOL



These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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Reading comprehension / Kubala likande

Read the story and answer the questions. /
Bala likande ni nikualaba lipuzo.

What plants need.

Plants need many things to grow. First, they need soil. They also need air. We need air, too! Plants need water. We need water, too! These are things that plants need to grow.

Zetokwahal licalano.

licalano litokwa ze ata kuli lihule sapili, libata mubu. Mi hape libata cwalo ni moya. Niluna lubata moya, licalano litokwa mezi ni luna lubata mezi. Kona lika zeo licalano litokwa kuli lihule.

1. What is the story about? _____

Kuambolwa kazani mwalikande mo? _____

2. What do plants and people need? _____

Kisikamañi sezilata licalano ni batu? _____

3. Plants need/ Licalano litokwa? _____

a) the sun / Lizazi

b) flowers / Palisa

c) a home / Hae

4. I know that we can eat: _____

Niziba kuli lwakona kuca _____

a) all plants / Licalano kaufela

b) some plants / Licalano zeñwi

c) no plants / Hakuna licalano



Number Bonds / Kukopanya linombolo za 20

Write the missing number to complete the number bond. /
Ñola nombolo yesiyo kutazeleza mukwa ofilwe.

Counting/ Kubala

Count on in tens. / Kubala kakusebelisa 10:

10	20	50
31	41		61	91
11	41	61
25	45	65	85

2. Double the following numbers. / mukopanye linombolo ze latelela:

6 = _____

5 = _____

4 = _____

3 = _____

7 = _____

9 = _____

3. Halve the following numbers. / muabe linombolo ze latelela mwatasi:

2 = _____ 10 = _____

8 = _____ 6 = _____

4 = _____ 12 = _____

4. How many groups of two's? / kize kai likwata za bubeli (2) kuzefafasi?



5. How many groups of three's? / kizekai likwata zabulalu (3) kuzefafasi?





Vocabulary/ Manzwi atata

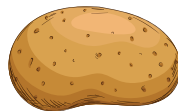
Read the vocabulary words. /

Bala manzwi a manzwi atata:

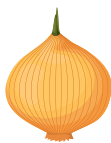


carrot/ Keloti

potato/
Likwili



tomato/
Tomato



onion/
Nyanyisi



corn/
Mbonyi

Fill in the missing letters:

c _ _ rr _ _ t

p _ _ t _ _ t _ _

c _ _ rn

t _ _ m _ _ to

_ _ n _ _ on

Taleleza litaku zesiyo:

K _ _ lo _ _ i

L _ _ kw _ _ l _ _

T _ _ m _ _ to

Ny _ _ ni _ _ i

Mb _ _ ny _ _

Search the vocabulary words.

c	a	r	r	o	t	p
s	m	k	c	o	r	n
l	p	o	t	a	t	o
n	s	o	n	i	o	n
t	o	m	a	t	o	r

Bata manzwi atata.

c	a	r	r	o	t	p
k	a	l	o	t	i	n
l	i	k	w	i	l	i
n	y	a	n	i	s	i
m	b	o	n	y	i	r



Sight words/ Manzwi abubebe

2

Read: jump

see

run

play

Trace it:

jump

see

Write it:

Find and circle the sight words.

play

see

I

run

jump

Circle the sight words.

1. I see a dog.
2. I can jump high.
3. The dog will run away.
4. We like to play.

Bala:

Tula

Bona

Mata

Bapala

Utilese :

Tula

Bona

Ñola:

Ubate ni kubea manzwi a
bubebe mwasikwenda.

Bapala

Bona

Na

mata

Tula

Omkring die sigwoorde.

1. Ni bona nja.
2. Nakona kutula.
3. Nja ilea matata.
4. Lutabela kubapala.

Choose two sight words and write your own sentences. /
Keta manzwi amabeli abubebe mi uñole mibamba ya hao



Length / Butelele

1. Arrange the objects in order from the longest to the shortest. / Bea lika zefafasi kumolitalelana mwabutelele kuzwa kus-sitelele kusesi kuswani.



pencil/
Potoloto



sharpener/
Sishengiso



crayon/
Sipendiso

2. Complete the sentences by choosing the correct word. /
Taleza mibamba kakuketa linzwi leli lukile.

longer / Telele

shorter / Kuswani

2.1. The sharpener is _____ than the crayon. /

Sishengiso kisesi _____ kwa sipendiso.

2.2. The pencil is _____ than the sharpener. /

Potoloto kiye _____ Kwa sishengiso.

3. Measure the following items by using handspans. /
Mupime lika zelatelela kakuse.

a) The longest side of your book. / Lineku labuka lelitelele.

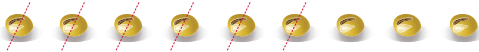
b) One side of the table. / Lineku liliinwi la tafule.

3.1. Which item is the longest? / kisifi sika sesitelele kuzefa halimu?

3.2. Which item is the shortest? / Kisifi sika sesikuswani kuze fa halimu?

Problem Solving / Tatululo ya butata

1. Mom has 9 seeds. She plants 6 seeds. How many seeds does she have left? /
Bome bana ni litoze ze lobañwi. Seba cala ze silezi. Ba sialezwi litoze zekai?



$$\boxed{} - \boxed{} = \boxed{}$$

2. Ruby has 8 roses. She gave half of them to her teacher. How many roses does she have left? / Kachana una ni lipaplisia ze lobapeli. Ufile boticele wahae licika lalipalisa. Usialezwi lipalisa zekai?



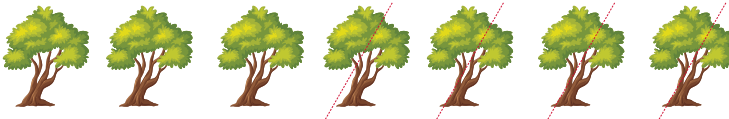
$$\boxed{} - \boxed{} = \boxed{}$$

3. Father has 3 pot plants. He buys 2 more pot plants. How many pot plants does he have? / Bondate bana ni lipoto za licalano zetalu. Sebaleka zenwi ze peli. Kilipoto zekai zebana ni zona?



$$\boxed{} + \boxed{} = \boxed{}$$

4. There are 7 trees in the forest. The farmer chops down 4 trees. How many trees are left? / Kize supa likota zemwa naheni. Mulimi ulema likota zene. Kusiezi likota zekai?



$$\boxed{} - \boxed{} = \boxed{}$$

5. There are 10 flowers. 3 are pink and 4 are white. How many flowers are yellow? / Lipalisa kize lishumi. Zetalu kize fubelu nyana mi zene kize sweu. Kizekai lipalisa zanandatalukeke?



$$\boxed{}$$

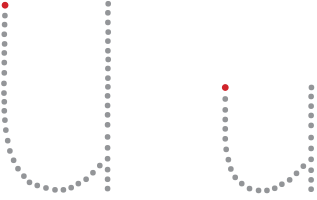
$$\boxed{}$$

$$\boxed{}$$



The 'U' 'u' sound

Trace



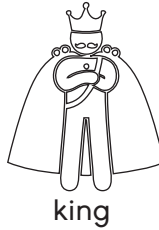
Draw a line from the circle to the images that begin with the letter 'u':



umbrella



upstairs



king



under

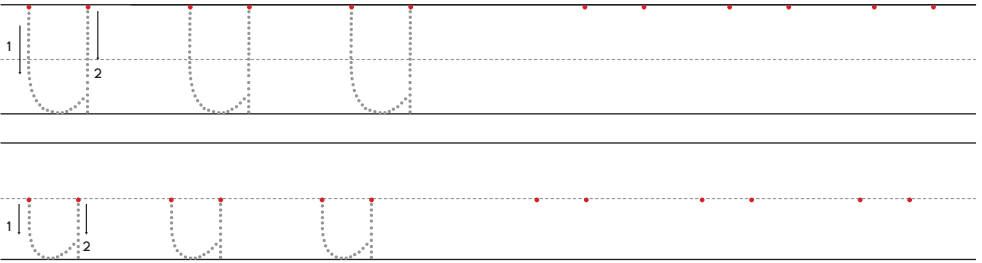
Circle the u's in the sentence:



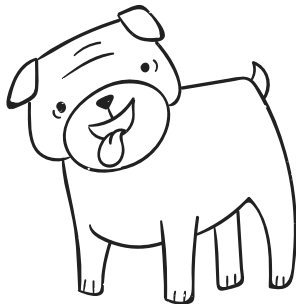
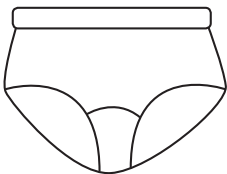
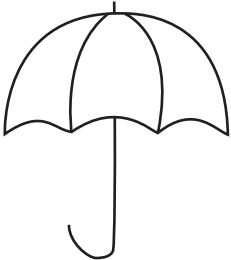
Uncle Ben runs
uphill with his
umbrella.

Trace

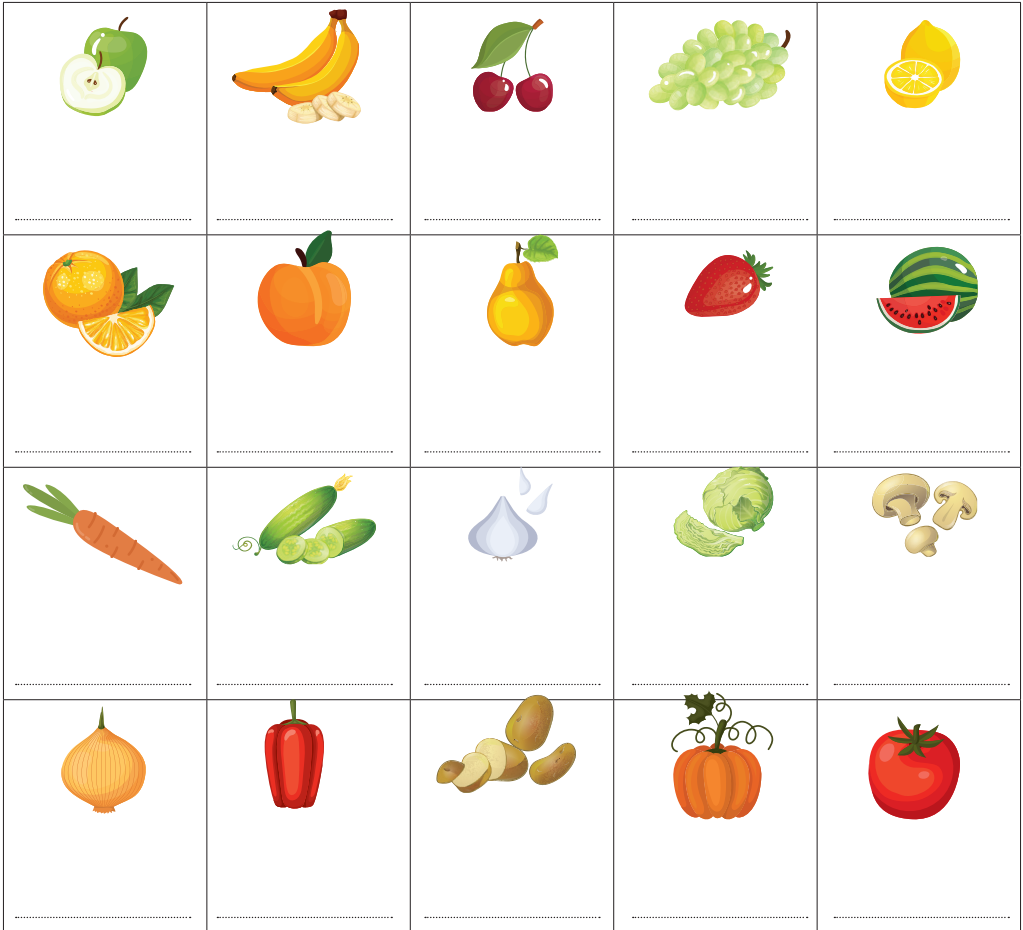
Write



Colour the picture that start with the letter 'u'



Label the pictures. / Ufe mabizo
a maswaniso amwatasi.



Viki 21

Sitopa 1

English words

banana	tomato	cucumber	pepper	lemon
watermelon	pear	garlic	orange	potato
mushroom	carrot	grapes	strawberry	lettuce
cherry	onion	apple	pumpkin	peach

Silozi

likonde	Tomato	lilaka	Pepper	lemoni
lihapu	piye	galiki	olenji	likwili
mbowa	keloti	magilabusi	sitolobeli	muloho
cheli	nyanisi	apule	mupusi	pici



Data handling / Kubuka mañusa



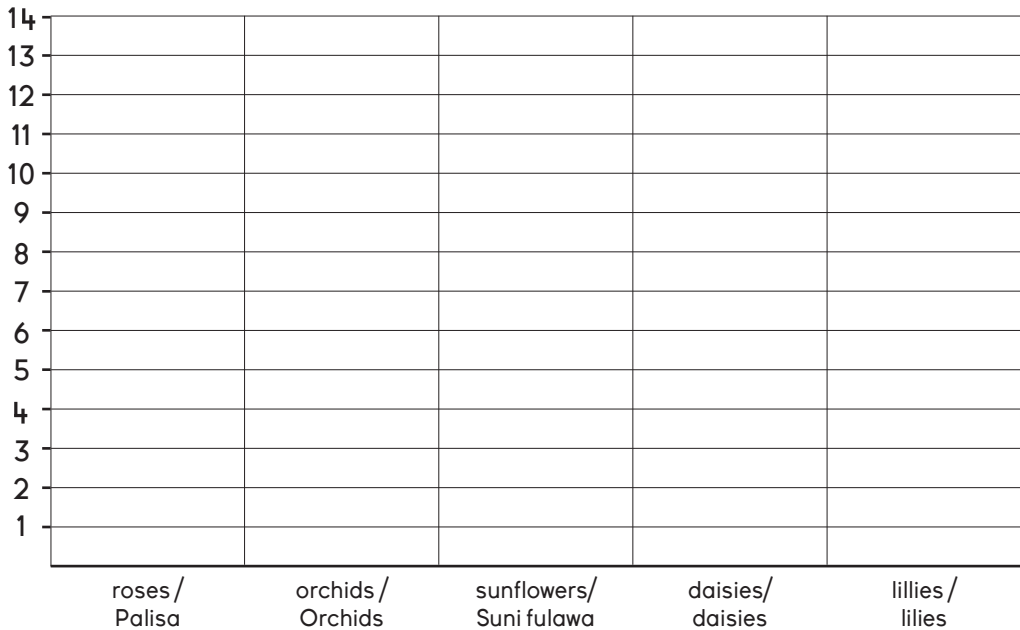
The Grade 1 class brought different flowers to class. They recorded their measurements in a table. / Basitopa sapili balekile lipalisa ze shutana shutana za sitopa sabona. Zefumanwi lipimo liñozwi fatafule ye mwatasi.

Flower / Palisa	Number of learners / Palo yaba ituti
roses / Palisa	14
orchids / Orchids	3
sunflowers / Suni fulawa	10
daisies / daisies	5
lillies / lilies	8

Viki 21

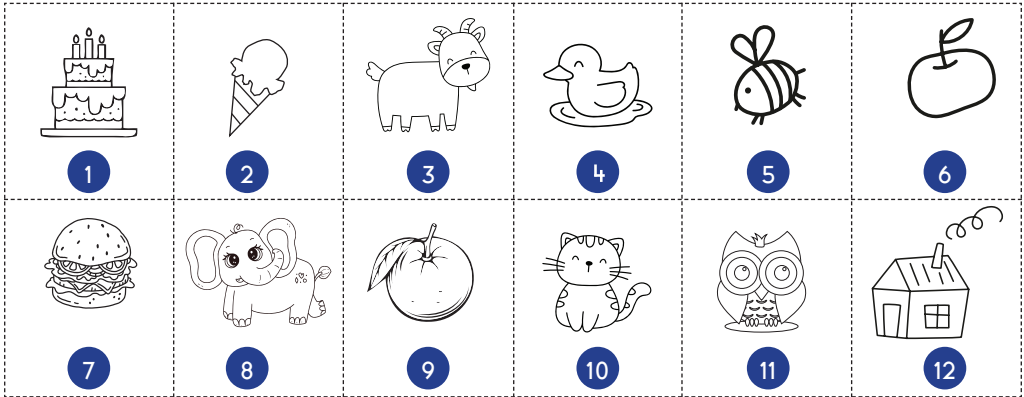
Sitopa 1

Use the information from the table. Complete the bar graph to show the different flowers brought to class. / Sebelisa liñusa lelili fatafule kutazeleza bagilafu kusupeza lipalisa ze shutana shutana zelekilwe Kikilasi.



English Activity

Articles: a/an



1. a cake 7.

2. 8.

3. 9.

4. 10.

5. 11.

6. 12.

1. cake

2. ice-cream

3. cow

4. duck

5. bee

6. apple

7. hamburger

8. elephant

9. orange

10. cat

11. owl

12. house





Simple Present Tense

The simple present tense expresses an action that is currently going on or habitually performed, or a general truth.

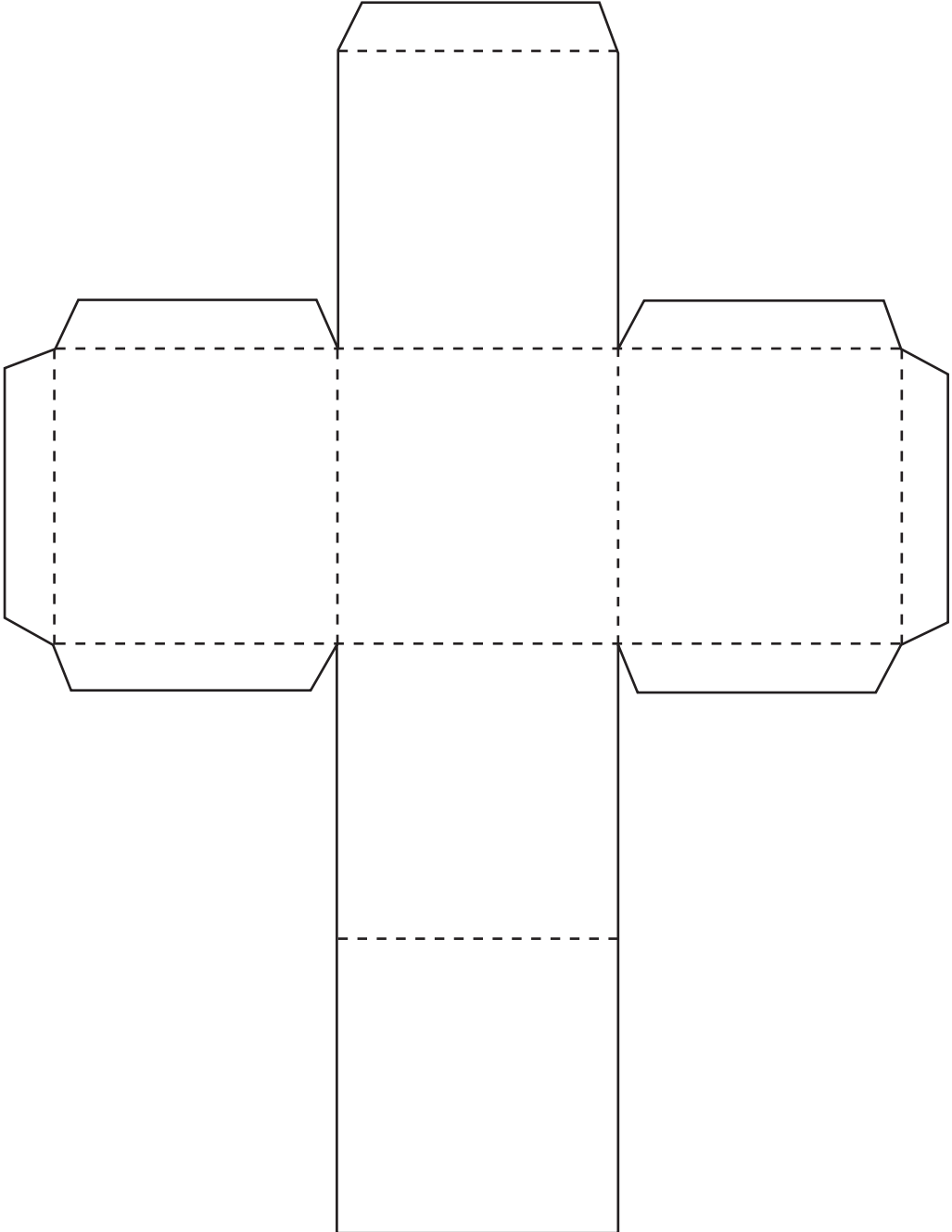
Complete each sentence by changing the verb in brackets to present tense.

- a) Sarah (cook) _____ breakfast every morning.
- b) Laura (live) _____ in Windhoek.
- c) Paul (play) _____ the piano at the concert.
- d) Every night I (read) _____ my book.
- e) I always (ask) _____ a lot of questions.
- f) She (drive) _____ too fast.
- g) Kara (turn) _____ on the light.
- h) I (wave) _____ to my sister.
- i) My mom (bake) _____ the best brownies.
- j) She always (walk) _____ the dog.
- k) Ben (throw) _____ the frisbee onto the roof.
- l) The dog (bark) _____ at the mailman.
- m) The band (play) _____ salsa music.
- n) I (drink) _____ lemonade on the porch.
- o) My dad (build) _____ boats.



Cube / Kiyumbu

Cut on solid lines – Fold the dashed lines.
Puma mibamba yemwabunsu mi mupute
mibamba ya tudoti.





My Garden

This is my garden,
I'll plant it with care,
Here are the seeds
I'll plant in there.
The sun will shine,
The rain will fall,
The seeds will sprout
And grow up tall.

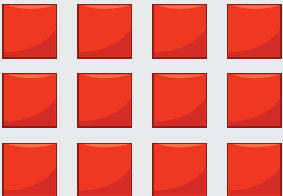
Simu yaka

Ye kisimu yaka, nikacala
mwateni katokomelo,
zekitoze nikacala
mwateni lizazi likabenya.
Pula ikanela, Litoze lizwa
mwa mubu ni kuhula.



Odd & Even numbers / Linombolo ze aluleha nize saululehi

Count the blocks. Write the number. Circle odd or even. /
Ubale zemwatuboloko. Nola nombolo. Bea nombolo yealuleha
niyesa alulehi mwasikwenda.

		<p>odd or even? / yealuleha kapa yesa alulehi?</p>
		<p>odd or even? / Yealuleha kapa yesa alulehi</p>
		<p>odd or even? / yealuleha kapa yesa alulehi</p>
		<p>odd or even? / yealuleha kapa yesa alulehi</p>
		<p>odd or even? / yealuleha kapa yesa alulehi</p>
		<p>odd or even? / yealuleha kapa yesa alulehi</p>



Groupings / kubea likwata

	<p>How many groups of 2?/ kize kai likwata za 2?</p> <p>.....</p>
	<p>How many groups of 2?/ Kize kai likwata za 2?</p> <p>.....</p>
	<p>How many groups of 2?/ kize kai likwata za 2?</p> <p>.....</p>
	<p>How many groups of 3?/ Kize kai likwata za 3?</p> <p>.....</p>
	<p>How many groups of 3?/ Kize kai likwata za 3?</p> <p>.....</p>
	<p>How many groups of 3?/ Kize kai likwata za 3?</p> <p>.....</p>



Vocabulary / Manzwi atata

Revise the vocabulary words. /
Bululula manzwi atata ao.

Anna's Garden / Simu ya Kanyanso

Read, draw and colour: / Bala, swanisa ni kupenda:

carrot/ Keloti	onion/ Nyanisi	potato/ Makwili	corn/ Mbonyi	tomato/ Tomato

Write 5 short sentences using the vocabulary words. /
Ñola mibamba ye ketalizoho yemikuswani kakusebelisa manzwi ao.

Viki 22
Sitopa 1

Sight words / Manzwi abubebe

Colour by sight words./Penda manzwi abubebe ao.



see/
Bona



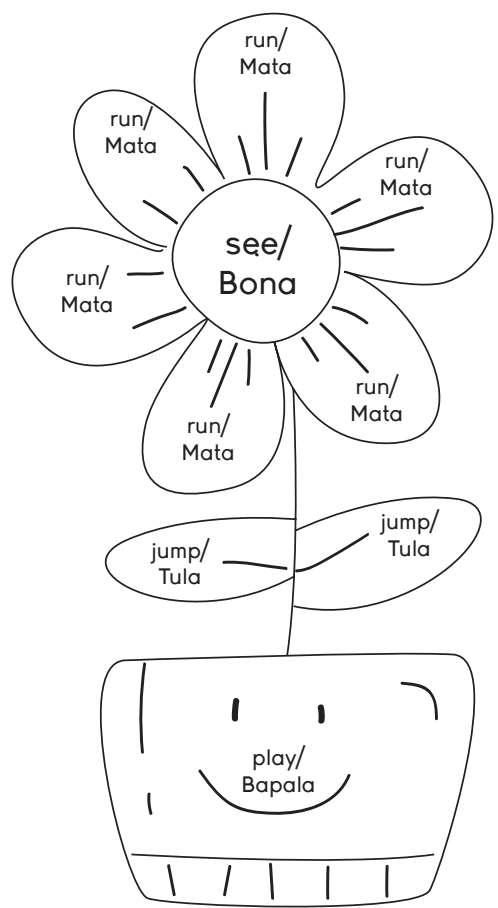
run/
Mata



jump/
Tula



play/
Bapala



Viki 22

Sitopa 1

Choose two sight words and write your own sentences. / Keta manzwi amabeli abube mi upange mibamba ya hao.

Numbers / Linombolo

Count back in tens. / Kubala kabulishumi inge ukuta mwamulaho.

100, 90 _____, _____, _____, _____, _____, _____, _____, _____

93 _____ 73 _____, _____, _____ 33

85 _____, _____, _____, _____, _____ 25

61 _____, _____, _____, _____ 11

Double the following numbers: / Ukopanye linombolo zeo habeli:

11 - _____

5 - _____

8 - _____

9 - _____

12 - _____

13 - _____

Halve the following numbers: / Muabe linombolo zelatelela fahali:

20 - _____

16 - _____

10 - _____

12 - _____

18 - _____

14 - _____

Matching pictures and words/ Bapanya maswaniso ao ni manzwi

Match the name of the fruit and vegetables below: /
Bapanya mabizo amiselo ni miloho yemwatasi:

onions/ Nyanisi

grapes / Magilebusi

mushroom/ Mbowa

orange/ Olenji

watermelon/
Lihapu

carrot/ Keloti

apples/ Apule

pepper/ Pepa



fruit/
Miselo

vegetables/
Miloho

Viki 22

Sitopa 1



Number bonds to 20/ Kukopanya linombolo zemifa amabeli

Fill in the missing numbers to make 20: /
Taleleza nombolo yesio kuliupange mashumi amabeli:

$13 + \underline{\quad\quad} = 20$

$10 + \underline{\quad\quad} = 20$

$8 + \underline{\quad\quad} = 20$

$\underline{\quad\quad} + 5 = 20$

$\underline{\quad\quad} + 2 = 20$

$\underline{\quad\quad} + 16 = 20$

$17 + \underline{\quad\quad} = 20$

$\underline{\quad\quad} + 6 = 20$

$11 + \underline{\quad\quad} = 20$

$\underline{\quad\quad} + 7 = 20$

$14 + \underline{\quad\quad} = 20$

$\underline{\quad\quad} + 13 = 20$

Join the number bonds that add up to make 20: /
Ngungunya linombolo zekona kupanga mashumi amabeli:

5	13
11	9
7	3
10	15
17	10

14	6
2	4
16	18
12	14
6	8

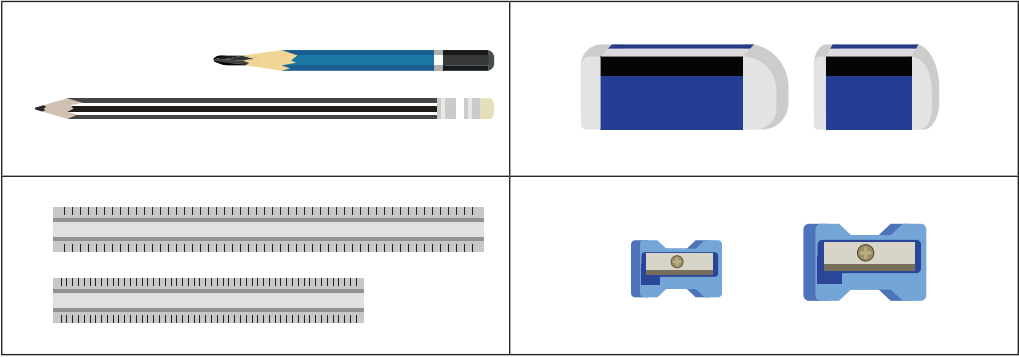
Circle all the pairs that add up to 20: / Bea linombolo zepeli mwasikwenda hamulikopanya limifa mashumi amabeli:

4	13	7	14	9	18
1	16	6	10	5	2
19	3	12	15	11	20
17	14	6	8	3	0
5	10	10	2	12	17
15	1	19	4	18	2

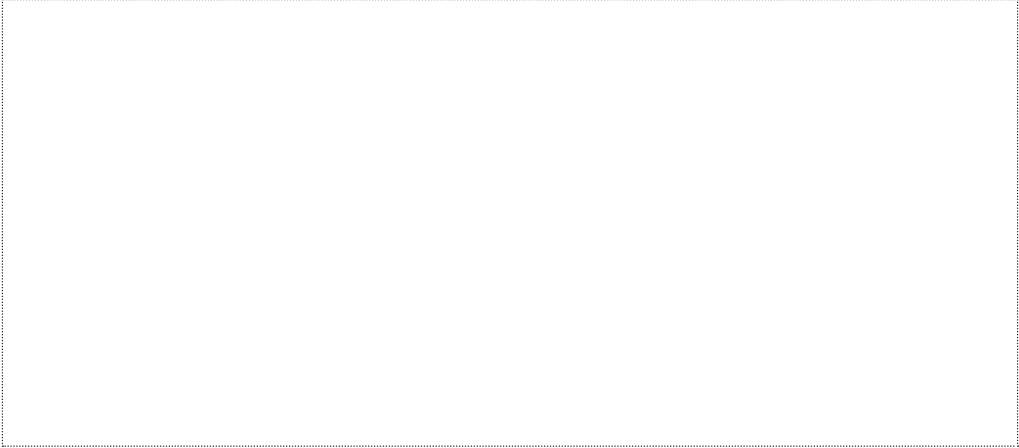


Length/ Butelele

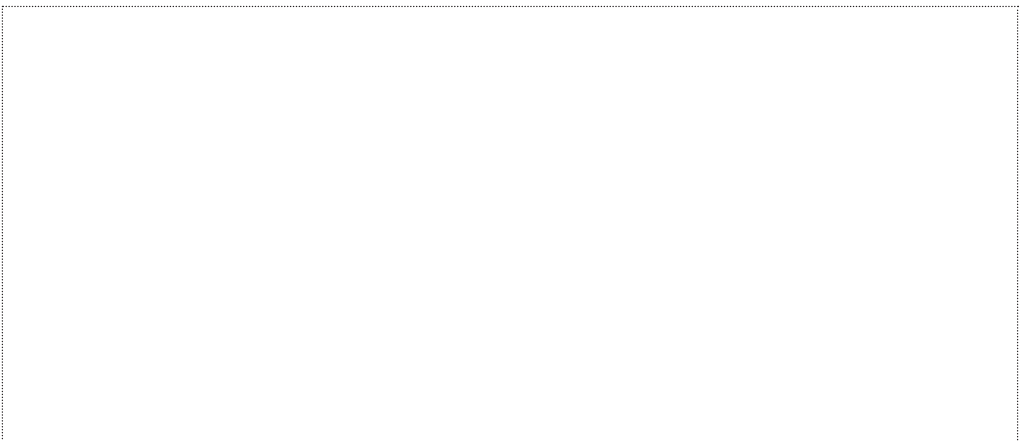
Circle the long object and cross out the short object. / Bea lika kaufela zetelele mwasikwenda ni kuswaya lika kaufela ze kuswani.



Draw a long rope. / Uswanise muhala omutelele.



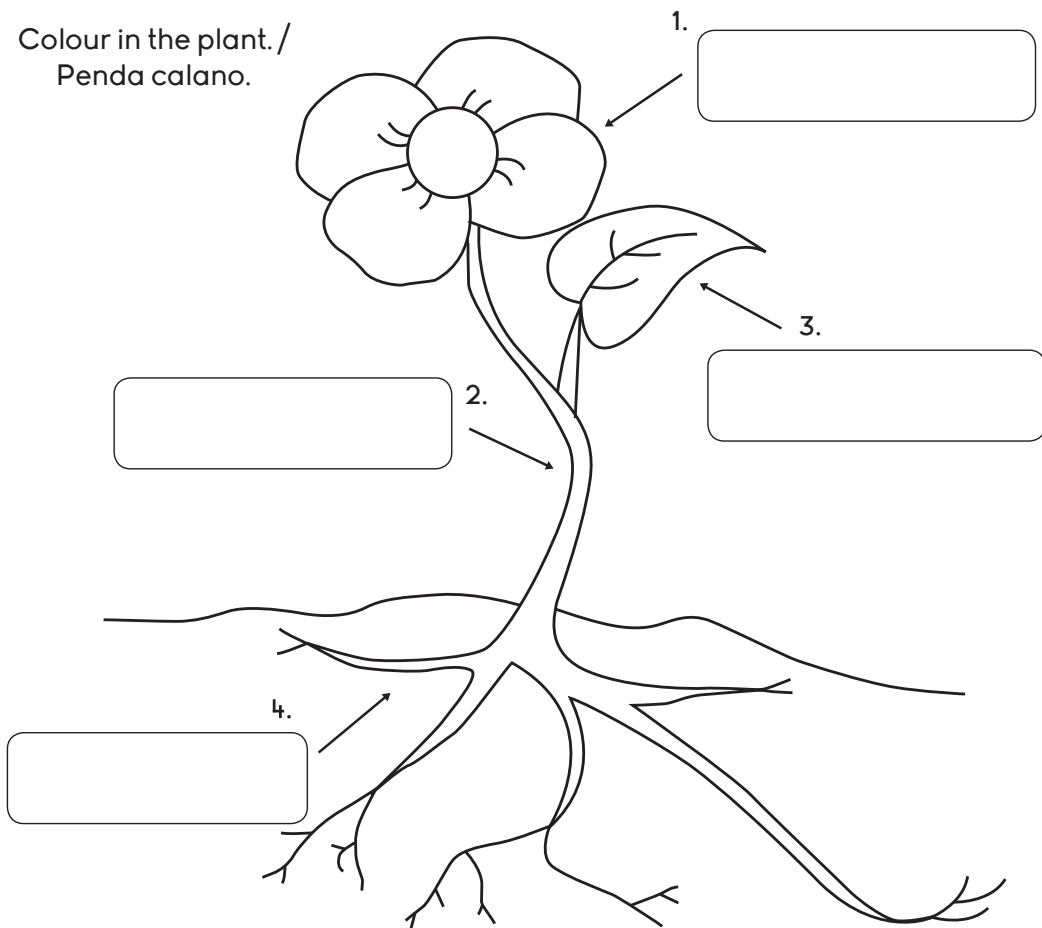
Draw a short rope. / Uswanise muhala omukuswani.



Parts of a plant./ Lilama za kota

Label the parts of the plant./
Taleza lilama za kota.

Colour in the plant./
Penda calano.



leaf / Litali













roots / mibisi

stem / Lisina

flower / Palisa



Fill in the beginning sounds. /
Taleleza milumo yekala.

 <p>..... anana ikonde</p>	 <p>..... pple pule</p>
 <p>..... nion yanisi</p>	 <p>..... rapes ilebusi</p>
 <p>..... omatoes omato</p>	 <p>..... otatoes akwili</p>
 <p>..... ear iye</p>	 <p>..... emon emune</p>
 <p>..... arrot eloti</p>	 <p>..... ucumbers ilaka</p>
 <p>..... each ichi</p>	 <p>..... atermelon ihapu</p>



Problem Solving / Tatululo butata

1. Mom has 10 seedlings. 3 seedlings died. How many seedlings does she have left? /
Bome bana ni litoze zelishumi. Zetalu zashwa. Basialezwi litoze zekai?



$$\boxed{} - \boxed{} = \boxed{}$$

2. Father planted 10 trees and uncle John planted 5 trees. How many more trees did father plant than uncle John? / Bondatye bacezi likota zelishumi mi bomalume ba Johani bacezi zeketaliziho likota. Kize kai likota zenata zebacezi bomalume kubo Johani?



$$\boxed{} + \boxed{} = \boxed{}$$

3. I count 10 bushes. Tom counted 4 bushes. How many bushes did we count altogether? /
Nibalile tucacani totulishumi. Lizazi ubalile totune. Kito tukai tucacani totubalile?



$$\boxed{} + \boxed{} = \boxed{}$$

4. Pam has 6 seeds. She shares the seeds between her and her sister. How many seeds will each child get? / Pama una ni litoze zesilezi. Aikabela zona ni kezela hae. Bakafumana litoze zekai?



$$\boxed{} - \boxed{} = \boxed{}$$

1. There are 6 bushes and 3 trees. How many plants altogether? /
Tucacani totu silezi ni likota zetalu. kizekai limela kaufaal zona



$$\boxed{} + \boxed{} = \boxed{}$$



English Activity



Present Continuous Tense

To be = verb + ing

Example

watch + ing = watching

1. play + ing + _____
2. wash + ing = _____
3. push + ing = _____
4. jump + ing = _____
5. shout + ing = _____
6. run + ing = _____
7. buy + ing = _____
8. eat + ing = _____
9. look + ing = _____
10. hear + ing = _____

Fill in is , am, are

He is riding a bicycle in the park.

I _____ writing a letter.

You _____ watching television.

Jane and her dog _____ walking in the park.

My brother _____ sleeping.

My parents and I _____ going on holiday.

The two girls _____ dancing on the stage.

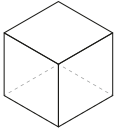
Jessy _____ taking pictures.



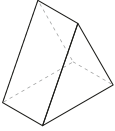
3D shapes / Libupeho za 3D

sphere / Liyubo	rectangular prism / Lizulu	cube / Kiyumbu	triangular prism / Lizulu
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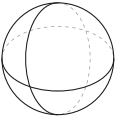
Choose the correct word and write next to the 3D shape. /
Keta linzwi leli lukile ni kuliñola mabapa ni sibupeho sesi zamaelele ni lona.



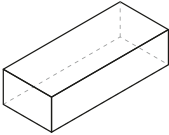
.....



.....



.....



.....

Draw a cube: / Swanisa kiyumbu mwatasi:



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You can save your favourite lessons and find them easier



- Step 1: Find us at www.zoshy.online or scan the QR code
- Step 2: Find your grade and select the year
- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



www.zoshy.online

In collaboration with the Ministry of Education, Arts and Culture

PRINT

- 1** Turn the booklet to landscape.
- 2** Take a ruler & tear the booklet at the top long fold.
- 3** Fold the booklet in half.
- 4** The learning journey can start.

STEPS

HOW TO TEAR & USE THE BOOKLET





Keep the school and your village clean

Don't cut trees. Plant trees!

Don't kill wild animals

Reuse and Recycle



The
Namibian Wetlands
Route