

Grade 1: Week 23 & 24 / Sitopa sa pili: viki 23 & 24

English / Silozi



Spring & Animals / Mbumbi ni Lifolofolo



Ministry of Education,
Arts and Culture



NAMIBIAN
COMMUNITY TRUST

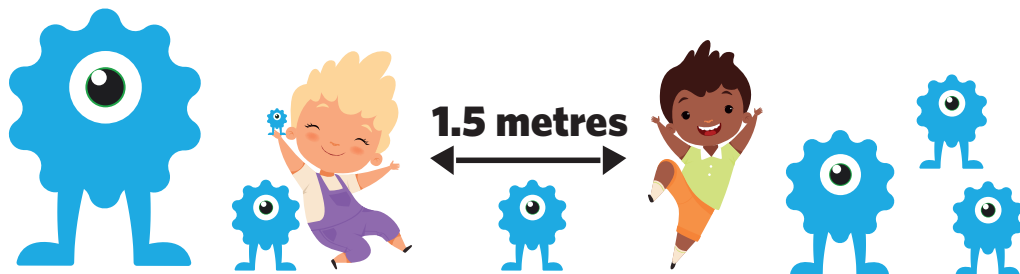


Capricorn Foundation

unicef

for every child





These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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Reading comprehension / Kubala likande

Read the story and answer the questions. /
Bala likande ni kualaba lipuzo.

Spring garden

John has a flower garden.
He waters his flower garden every day.
First, he gets his watering can.
Next, he fills it with water.
Then, he goes outside to his garden.
Finally, he waters his sunflowers.

Simu ya mwambumbi

Johani unani simu yalipalisa.
Usetaela lipalisa za hae kazazi.
Sapili, unga sikiso sa mezi.
Kasamulaho, usitaza samezi.
Cwale uya fande kwasimu yahae.
Samafelelezo, uselaela lipalisa za hae.

1. When does this story take place? /
Likande liezahezi mwanako ifi ya silimo?

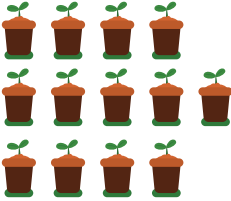
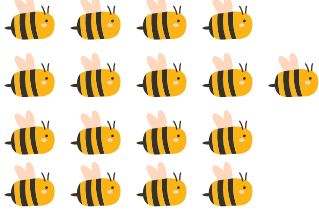
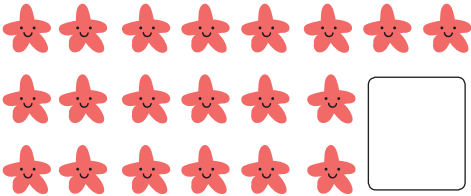
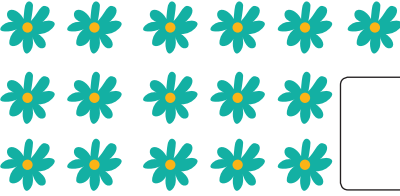
2. Who is the main character? /
Ndume mwa likandele kimani?

3. What does he use to water his garden? /
Usebelisañi kuselaela simu yahae?

4. What kind of flowers does he water? /
Kilipalisa mañi zaselaelanga?



1. Count the following objects and write the number in the block. /
Bala lika zelatelela ni kuñola nombolo mwakaboloko.

 <input data-bbox="449 402 573 515" type="text"/>	 <input data-bbox="960 402 1084 515" type="text"/>
 <input data-bbox="476 633 573 746" type="text"/>	 <input data-bbox="960 633 1084 746" type="text"/>

2. Count on and back in 10's. /

Bala nikuekeza 10 ni kuzwisa 10 mwalinombolo zemwatasi.

a)

b)

c)

d)

Doubling and halving / Kukopanya ni kuzwisa lichika

1

1. Double the numbers and fill it in on top of the ice-cream. /
Kopanya linombolo mi uitaleleze fahalimu a isikilimu.



2. Halve the numbers and fill it in the block. /
Uzwise lichika mi uitaleleze mwaka mbuloko.

10	2	8	6
-------------	------------	------------	------------

3. Complete: / Taleleza:

Number/ Nombola	Halve/ kuzwisa	Double/ Kukopanya
2	1	2
4		
10		
12		
16		



Vocabulary/ Manzwi atata

Read the vocabulary words./

Bala manzwi atata:



grow/
hula



blossoms / Kutuhela



butterflies/
Pilipisa



spring/
mbumbi



bees / limuka

Fill in the missing letters:

bl ___ ss ___ ms

b ___ tt ___ rflies

sp ___ ing gr ___ w

b ___ es

Taleleza litaku zesiyo:

K ___ tu ___ ela

P ___ l ___ pisa

m ___ umbi

h ___ la

l ___ muka

Search the vocabulary words.

b	u	t	t	e	r	f	l	i	e	s
c	b	g	r	o	w	r	m	o	n	u
l	d	e	f	s	b	e	e	s	r	l
m	g	h	l	s	p	r	i	n	g	r
s	l	f	b	l	o	s	s	o	m	s

Bata manzwi atata mwatasi.

s	k	h	l	i	m	u	k	a	e	r	s
f	e	u	v	h	u	l	e	n	t	e	l
p	i	l	i	p	i	s	a	a	s	e	r
d	y	a	m	b	u	m	b	i	p	p	p
k	u	t	u	h	e	l	a	e	i	y	r

Sight words/ manzwi abubebe

Read:

where

what

Trace it:

where

what

Write it:

Find and circle the sight words.

on

what

see

I

where

we

play

Read each sentence.
Circle the sight words.

1. This is where I learned to ride my bicycle.
2. I want to see what they are doing.

Itilese:

Kai

kiñi

Tilesa :

Ñola:

kai

kiñi

fumana ni kubea manzwi
abubebe mwasikwenda

kina

fa

na

kai

bona

bapala

luna

bala mibamba yalipuzo nikubea
manzwi abubebe mwasikwenda

1. Noitutezi kai kucoba njinga?
2. Kiñi hamueza zeo?

Write your own sentences using the sight words. /
Ñola mibamba ya hao kakusebelisa manzwi abubebe ao.



Computation / Kutaleleza

Identify the number pattern and fill in the missing numbers. / Lemuha mukwa walinombolo ni kutaleleza linombolo zesiyo

a. 4, 6, 8, 10, 12, _____, _____, _____, _____, _____.

b. 11, 13, 15, 17, 19, _____, _____, _____, _____, _____.

c. 22, 24, 26, 28, 30, _____, _____, _____, _____, _____.

d. 10, 20, 30, 40, 50, _____, _____, _____, _____, _____.

e. 5, 10, 15, 20, 25, _____, _____, _____, _____, _____.

f. 6, 7, 8, 9, 10, _____, _____, _____, _____, _____.

g. 23, 25, 27, 29, 31, _____, _____, _____, _____, _____.

h. 98, 97, 96, 95, 94, _____, _____, _____, _____, _____.

i. 78, 76, 74, 72, 70, _____, _____, _____, _____, _____.









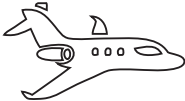

j. 100, 90, 80, 70, 60, _____, _____, _____, _____, _____.



English Activity

Phonics

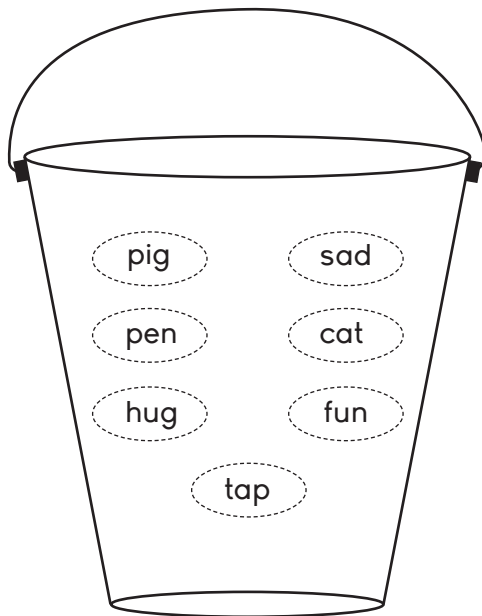
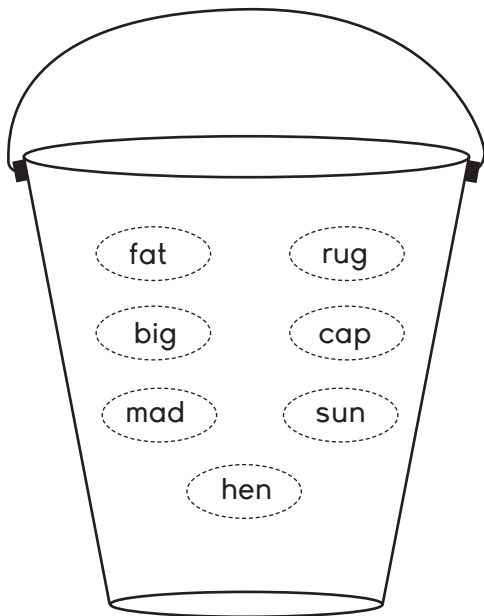
Say the name of each picture, colour the beginning, middle and ending sounds. Write the word.

Picture	Colour	Write
	f i g b u s	bug
	s e g n a t	
	p i b r u g	
	w o n d a g	
	h u n p a t	
	l a g i o n	
	p a t r e n	
	n e t h o n	
	l e t j a b	
	f e n t a p	



English Activity

Rhyming words



Viki 23

Sitopa sa pili

Take a word from each bucket that rhymes:

1. fat

and

cat

2. _____

and

3. _____

and

4. _____

and

5. _____

and

6. _____

and

7. _____

and

Sharing / Kuikabela

1. Division by repeated subtraction. /
Kuabela ka kukutiseza kuzwisa.

a. $10 - 5 - 5 =$

d. $10 - 5 =$

b. $6 - 2 - 2 - 2 =$

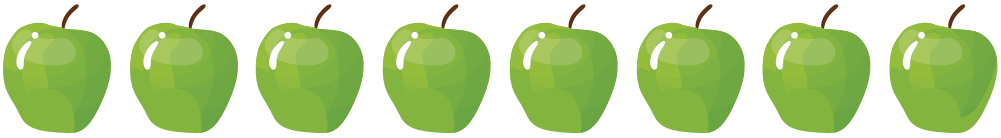
e. $2 -$

$= 0$

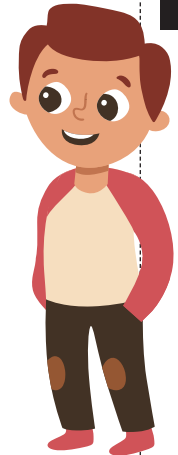
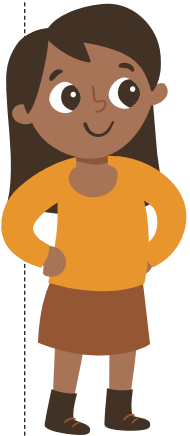
c. $\square - 2 - 2 - 2 - 2 = 0$

f. $\square - 2 - 2 = 0$

2. Sara and Shaun both like apples. Share these apples equally between them.
/ Minsozi ni Libonelo kaufeela bona batabela maapule. Ubaabele maapule amwatasi mi bafumane palo yeswana kaufeela bona.



3. Draw the apples to show how many each will get. /
Uswanise maapule kusupeza palo yebakafumana balikani bao.



'What' and 'where' questions. / Kiñi' ni kai lipuzo.

Read the story and answer the questions. /
Bala likande ni kualaba lipuzo.

My Teddy Bear

I lost my teddy bear.
First, I looked for it on the
bed.
It was not there.
Next, I looked for it in the toy
box. It was not in there.
Then, I looked for it on the
table. It was not there.
My teddy bear was in the
tub.

mbututu wa sipupe

nilatehisiza mbututu waka wa
sipupe.
sapili, nikalezi kusibata
mwabulobalo bwaka nesisio.
Kasamulaho, nisitalimile
mwaponkesi ya libapaliso,
nesisiyo. Seni totalima fatafule
, nesisio. Mbututu wa sipupe
nainzi mwa sipupe sakutapela.

1. What did the child lose? /
Mwanana yo nalatehezwi sikamañi?

2. What is the story about? /
Likande le liambola kazañi?

3. Where did the child look for his teddy bear first?
Kikakai kwana talimile sapili hana bata mbututu wa sipupe?

4. Where was the teddy bear?
Mbututu wasipupe nainzi kai?



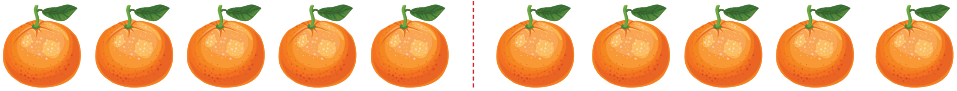
Problem Solving / Tatulula butata

1. There are 10 red roses and 8 yellow roses. How many roses are there altogether? /
Lipalisa zefubelu kize lishumi zañandatalukeke kize lobapeli.



$$\boxed{} + \boxed{} = \boxed{}$$

2. Ava has 10 oranges. She shares them equally between her and Cathy. How many oranges will each one get? / Eva unani maolenji alishumi. Aikabela kakulikana.
Bakafumana ma olenji amakai?



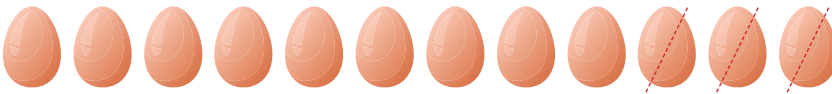
$$\boxed{} \div \boxed{} = \boxed{}$$

3. Ben picks 10 apples in the morning and 6 apples in the afternoon. How many apples did he pick altogether? / Mwala ushimba ma apule alishumi kakusasana mi musihali ashimba asilela. Ushimbile maapule amakai kaufeela ona.



$$\boxed{} + \boxed{} = \boxed{}$$

4. Tom has 12 eggs. He cooks and eats 3 eggs. How many eggs does he have left? / Ntomwa una ni mai a 12. Uapeha mai kaufeela nikuca a malalu, usialezwi mai amakai?



$$\boxed{} - \boxed{} = \boxed{}$$

5. There are 3 nests in a tree. In each nest are 2 chicks. How many chicks are there altogether? / Kuna ni lialeto zetalu kwakota. Falialeto ze kuna nituzwinyani totu beli. Kitotukai tuzwinyani kaufeela falialeto zetalu?



$$\boxed{} + \boxed{} + \boxed{} = \boxed{}$$



Capital letters and full stops. / Litaku zetuna ni liswayo lakubala la kuto.

English rules:

1. We use capital letters for the following:

- a person's name (Alex)
- at the beginning of a sentence

(This is my cat.)

- for the word I (I am happy.)

- for the days of the week

(It is Monday.)

- for the months of the year

(We are in July.)

- for the names of places

(I live in Windhoek.)

2. We use a full stop at the end of a sentence.

Milao ya silozi

1. Lusebelisa litaku zetuna

kuzelatelela:

- Kwalibizo lamutu (Sinfwa)
- Kwamakalelo amubamba (Ki kaze yaka ye)

- Mazazi a viki (kila Mubulo)

- Mwalikweli zasilimo (mwalikweli zasilimo)

- Mabizo alibaka (nipila mwa Katima Mulilo)

2. Lusebelisa kuto kwamafelelezo amubamba.

Re-write the sentences using capital letters and full stops. /

Ŋololola mibamba yelatelela kakusebelisa litaku zetuna ni liswayo la kuto

1. my name is ben / Kina mundia

2. i live in windhoek / nipila mwa katima maulilo

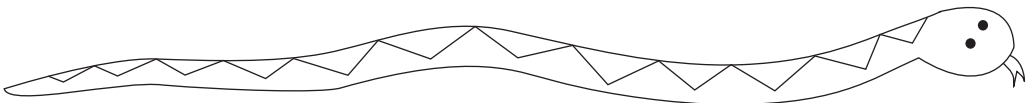
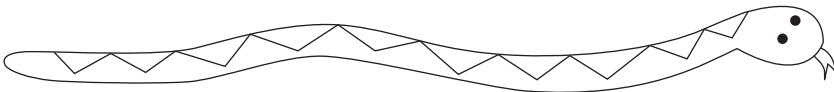
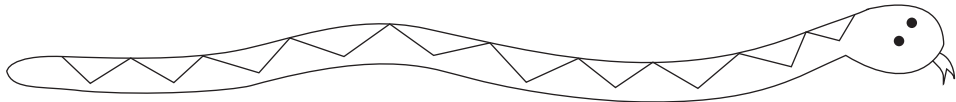
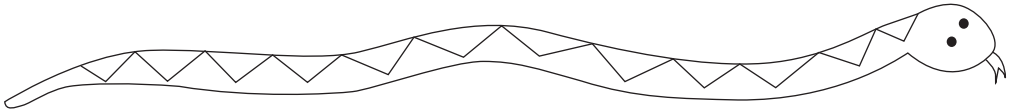
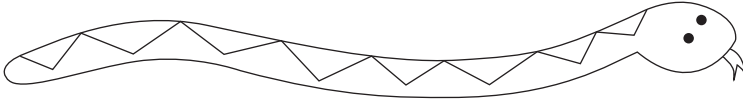
3. i am going to the movies on friday / lamukibelo niya kwakubuha mazimumwangala.

4. there is a butterfly on the flower / kuna ni pilipisa fa bulilo



Length / Butelele

Cut and paste in order by length. Paste from the shortest to the longest. / Puma ni kuñambeka libupeho zemwatasi kakuya kabutelele bwazona.





Reading comprehension / Kubala likande

Read the story and answer the questions. /
Bala likande ni kualaba lipuzo.

Tom has a dog named Rex.
On Monday, Tom left the gate open and Rex got out. He was lost. Tom looked for Rex at the park, but he was not there. Then he looked for him by the lake, but Rex was not there. Tom found Rex at the apple trees. Tom hugged Rex when he found him.

Sisamu unaninja yebizwa Siyazabo. la mubulo, Sisamu asia munyako inge ukwaluhile mi Siazabo yazwa fande. Nalatehile. Sisamu abata nja ya hae kwasika samaikatulusezo, kono nasikaifumana teni koo. Ayoitalima kwalikamba lanuka kono hasikaifumana teni. Sisamu afumana nja ya hae aifumana mwatasa kota ya maapule. Sisamu aswala Siazabo mwambando hamufumana.

1. When does this story take place? /
Likande le neliezahezi lili?

2. What happened on Monday? /
Neku ezaheziñi la Mubulo?

3. Where was the first place Tom looked for Rex? /
Kisibaka manisapili sanatalimile nja ya hae Sisamu?

4. Where did Tom find Rex? /
Sisamu naizo fumana kai nja ya hae?

5. What would you do if you lost your dog? /
Nokaezañi haiba inge ulatehelwa ki nja ya hao?



Numbers / Linombolo

Counting forward and backwards in tens. /

Kubala kakuekeza 10 ni kubala ngombemongo inge muzwisa 10

32, 42, 52, _____, _____, _____, _____, _____

91, 81, _____, 61, _____, _____, _____, _____

11, 21, _____, _____, 51, _____, _____, _____

87, 77, _____, 57, _____, _____, _____, _____

79, 69, _____, _____, 39, _____, _____, _____

Round off to the nearest 10. / Fumana nombolo yeli bukaufi ni 10.

34 = _____

27 = _____

18 = _____

41 = _____

29 = _____

14 = _____

Arrange the numbers from small to big. /

Bea linombolo kaswanelo kuzwa kuyenyinyani kuya kuyetuna.

54 91 73 33 48 _____

27 87 19 43 37 _____

29 17 26 37 41 _____

74 39 26 65 45 _____










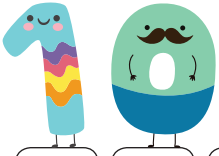
18 61 81 16 6 _____



English Activity

Number names

Unscramble the number names.

 <p>n o e</p> <p><input type="text"/> <input type="text"/> <input type="text"/></p>	 <p>s i x</p> <p><input type="text"/> <input type="text"/> <input type="text"/></p>
 <p>o t w</p> <p><input type="text"/> <input type="text"/> <input type="text"/></p>	 <p>s e v n e</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>
 <p>t e r h</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>	 <p>h e g t i</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>
 <p>u r f o</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>	 <p>e i n n</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>
 <p>e f v i</p> <p><input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p>	 <p>e n t</p> <p><input type="text"/> <input type="text"/> <input type="text"/></p>

Viki 24

Sitopa sa pili

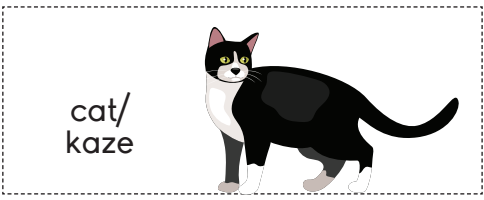


Vocabulary/ Manzwi atata

Read the vocabulary words. /
Bala manzwi atata:



dog/
Nja



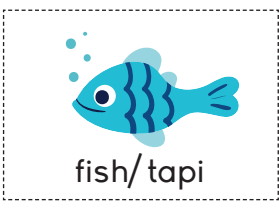
cat/
kaze



bird/
Nyunywani



pet/
peba



fish/
tapi

Viki 24

Fill in the missing letters:

b ___ rd d ___ g

p ___ t c ___ t

f ___ sh

Taleleza litaku zesiyo
kwamanzwi afafasi:

Ny ___ nywami N ___ a

P ___ ba

Kaz ___

T ___ pi

Sitopa sa pili

Search the vocabulary words.

f	i	s	h	o
c	s	p	e	t
a	p	r	u	l
t	b	i	r	d
d	o	g	k	n

Bata manzwi atata.

t	a	p	i	s	o	p	w	e	p	o
i	g	l	v	o	t	k	m	o	e	t
n	y	u	n	y	w	a	n	i	s	l
t	n	j	a	i	e	z	d	i	e	r
p	w	h	o	n	p	e	b	a	v	v

Sight words / manzwi abubebe

Read:

yellow

here

away

Trace it:

yellow

here

Write it:

Find and circle the sight words.

here jump
 see yellow
where help play

Read each sentence.
Circle the sight words.

1. The sun is yellow.
2. You can play here.
3. The dog ran away.

Itilese:

Ñandatalukeke

fa

kwale

Tilesa:

fa

kwale

Ñola:

fumana ni kubea manzwi
abubebe mwasikwenda.

fa tula bona
 ñandatalukeke
kai tuso bapala

bala mibamba yelatelela
bea manzwi abubebe mwasikwenda.

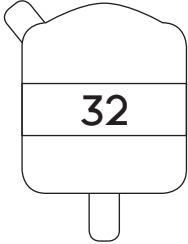
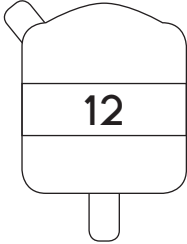
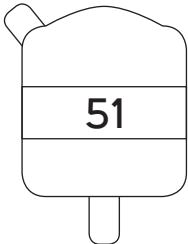
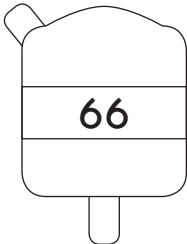
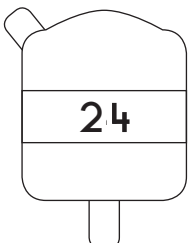
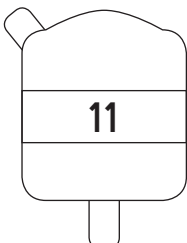
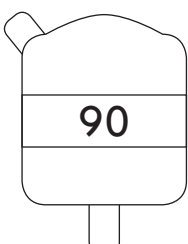
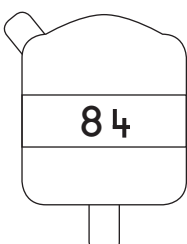
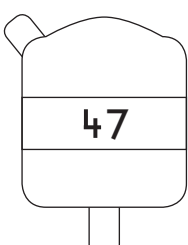
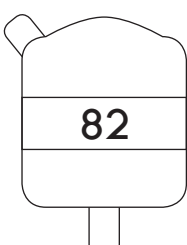
1. Lizazi kila ñandatalukeke.
2. Ukona kubapalela kwanu.
3. Njamatezi kwale.

Choose two sight words and write your own sentences. /
Keta manzwi amabeli abubebe ni kuñola mibamba ya hao.



10 More 10 Less / Kuekeza 10 ni kuzwisa 10

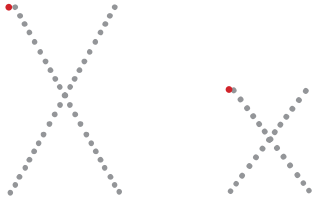
Write the numbers that are 10 more and 10 less for each popsicle. Color the popsicles. / Nola linombolo kuzelatelela mwatasi hamuekeza 10 ni kuzwisa 10.

 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>	 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>
 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>	 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>
 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>	 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>
 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>	 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>
 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>	 <p>10 more Kuekeza 10</p> <p>10 less Kuzwisa 10</p>

English Activity

Phonics

Trace



Draw a line from the circle to the images that begin with the letter 'x':



umbrella

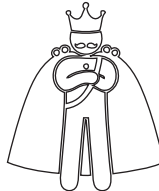


xenops

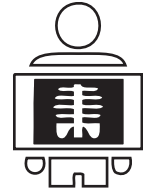
Circle the x's in the sentence:



Xavier plays with his toy ox and xylophone.



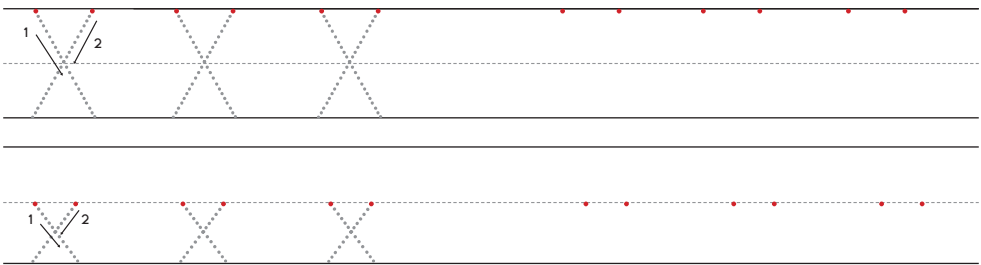
king



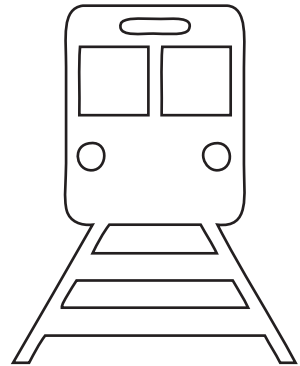
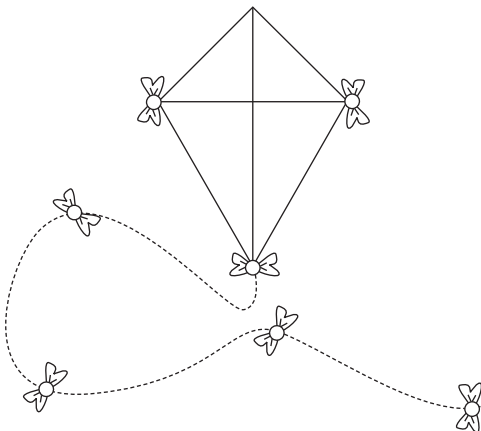
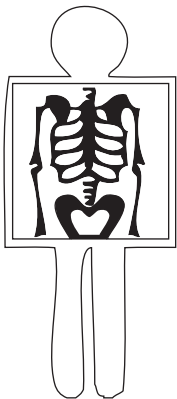
x-ray

Trace

Write



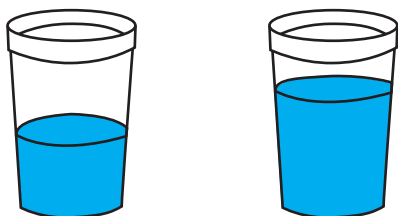
Colour the picture that start with the letter 'x'



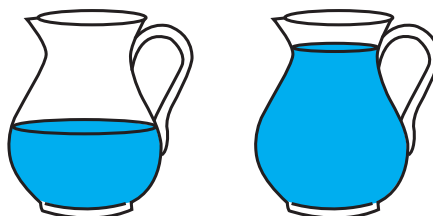
Capacity / Buima

More vs Less / Buñata ni Bunyinyani

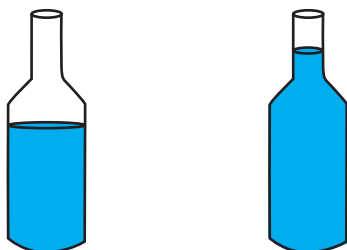
Circle the one with more water. /
bea sikwenda fa komoki yena ni
mezi amañata.



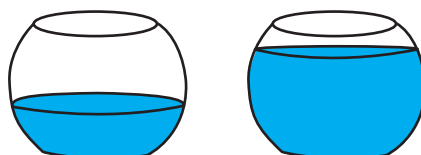
Circle the one with less water. /
bea sikwenda fa komoki yena ni
mezi amanyinyani.



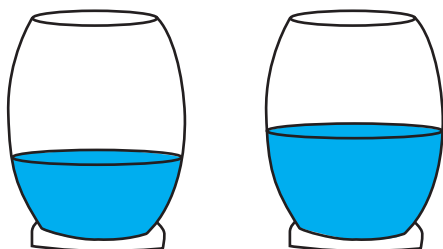
Circle the one with less water. /
bea sikwenda fabotela yena ni mezi
amanyinyani.



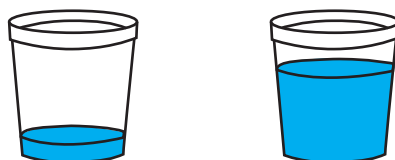
Circle the one with more water. /
bea sikwenda fa komoki yena ni
mezi amañata.

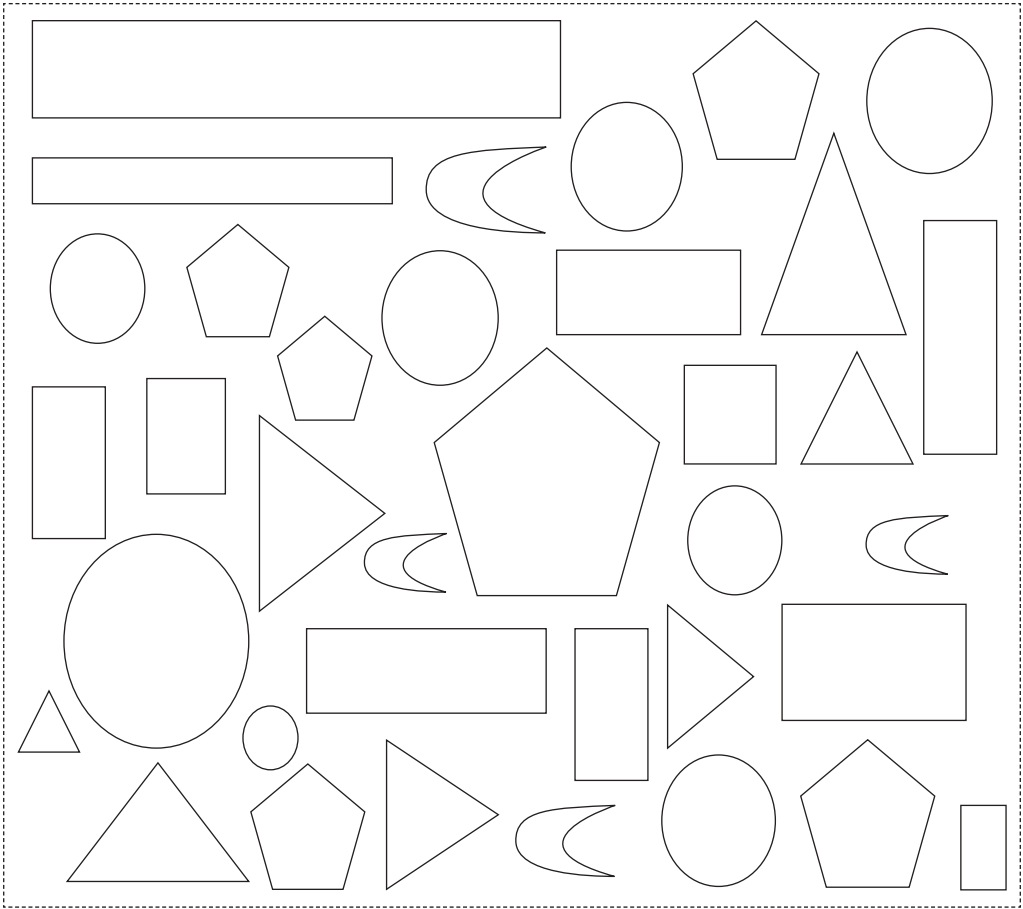


Circle the one with less water. /
bea sikwenda fa komoki yena ni
mezi amanyinyani.



Circle the one that has more water. /
bea sikwenda fa komoki yena ni mezi
amañata.





Colour all the triangles green. / Penda liñokolwatalu kaufeela kamubala wa butala.

How many triangles are there? /

Kizekai liñokolwa talu?

Colour all the squares red. / Penda likweya kaufeela kamubala wabufubelu.

How many squares are there? /

Kizekai likweya?

Colour all the rectangles blue. / Penda limbangu kaufeela kamubala wandilu

How many rectangles are there? /

Kizekai limbangu??

Syllables / Mitai

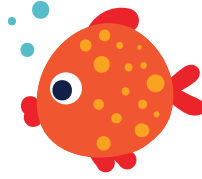
Look at the pictures. Say the word, clap out the syllables and colour the right number. / Talima Famaswaniso. Bulela linzwi, ukambe mitai ni kupenda nombolo yelukile.

ladybug



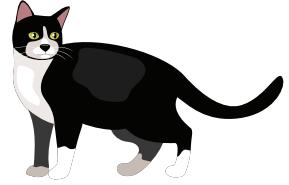
1 2 3

fish



1 2 3

cat



1 2 3

tapi

kaze

parrot



1 2 3

caterpillar



1 2 3 4

snake



1 2 3

sifi

likondondo

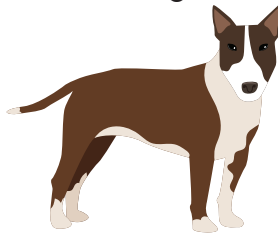
noha

pet



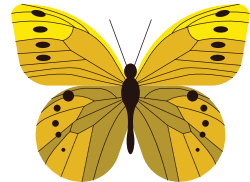
1 2 3

dog



1 2 3

butterfly



1 2 3 4

peba

nja

pilipisa

E n g l i s h

Simple Present Tense : Verb to be

Fill in: am, is, are.

1. We _____ scared.
2. He _____ in the garden.
3. I _____ drawing shapes.
4. They _____ riding their bicycles.
5. She _____ a nurse.
6. You _____ a smart boy.
7. I _____ sleepy.
8. The girls _____ hungry.
9. Tom and I _____ scientists.
10. It _____ sad.



English Activity

Mass

Heavier / lighter with a balance scale.

Look at the following scales and fill in the blanks with **heavier than**, **lighter than** or **the same as**.



The pencil case weighs
_____ the apple.



The pitcher weighs
_____ the lamp.



The tennis ball weighs
_____ the apple.



The tennis ball weighs
_____ the book.



The lamp weighs
_____ the book.




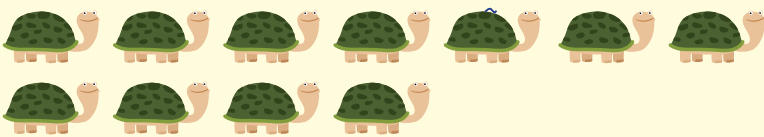

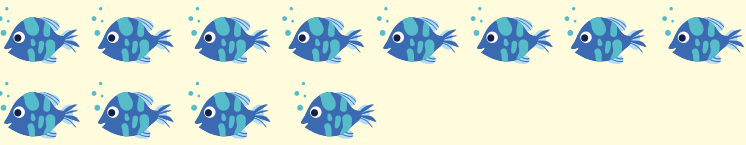
The pencil case weighs
_____ the book.



Data Handling / Kubuluka mañusa

Study the picture graph. Use the information from the graph to answer the questions below. / Talima maswaniso amwatasi. Sebelisa liñusa kuzwelela fa gilafu kwalaba lipuzo zemwatasi.

Pets in Thea's Pet shop / Limunanu zeli mwasintolo sa Mafuro

dog/ Nja	
turtle/ Kulu	
parrot/ Nyunywani	
fish/ Tapi	

Viki 24

Sitopa sa pili

1. How many of each? / Ufe nombolo ya limunanu mwatasi?

dog/hond

parrot/papegaai

turtle/skilpad

fish/vis

2. Are there more turtles than dogs? /

Kisifi sesiñata kwa kulu ni nja?

3. Which pet animals count to 8? /

Kisimunanu mañi sesikona kufita fa 8 kwa palo ya sona.

4. What is the total number of pets in the shop? /

Kizekai lifolofolo kaufeela zona mwasintolo?

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- Step 2: Find your grade and select the year
- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



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In collaboration with the Ministry of Education, Arts and Culture

PRINT

1

Turn the booklet to landscape.



2

Take a ruler & tear the booklet at the top long fold.



3

Fold the booklet in half.



4

The learning journey can start.



STEPS
HOW TO TEAR & USE
THE BOOKLET





Keep the school and your village clean

Don't cut trees. Plant trees!

Don't kill wild animals

Reuse and Recycle

