

Ntambondunge 3: Shivike 13 na 14

Rumanyo



Mahamba ghakukaghura



Ministry of Education,
Arts and Culture

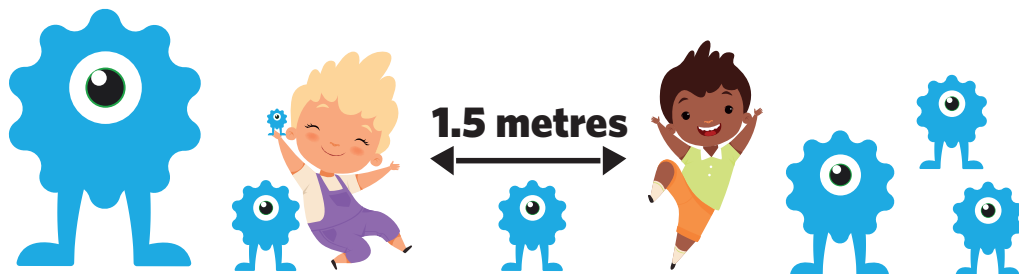


NAMIBIAN
COMMUNITY TRUST



for every child





1

2

3

4

5

These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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Mahamba ghakukaghura

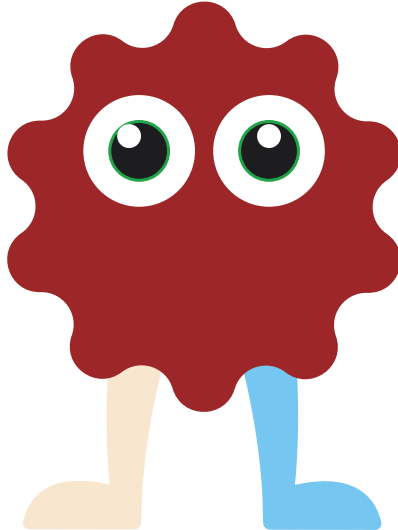


Ghushwi nkango

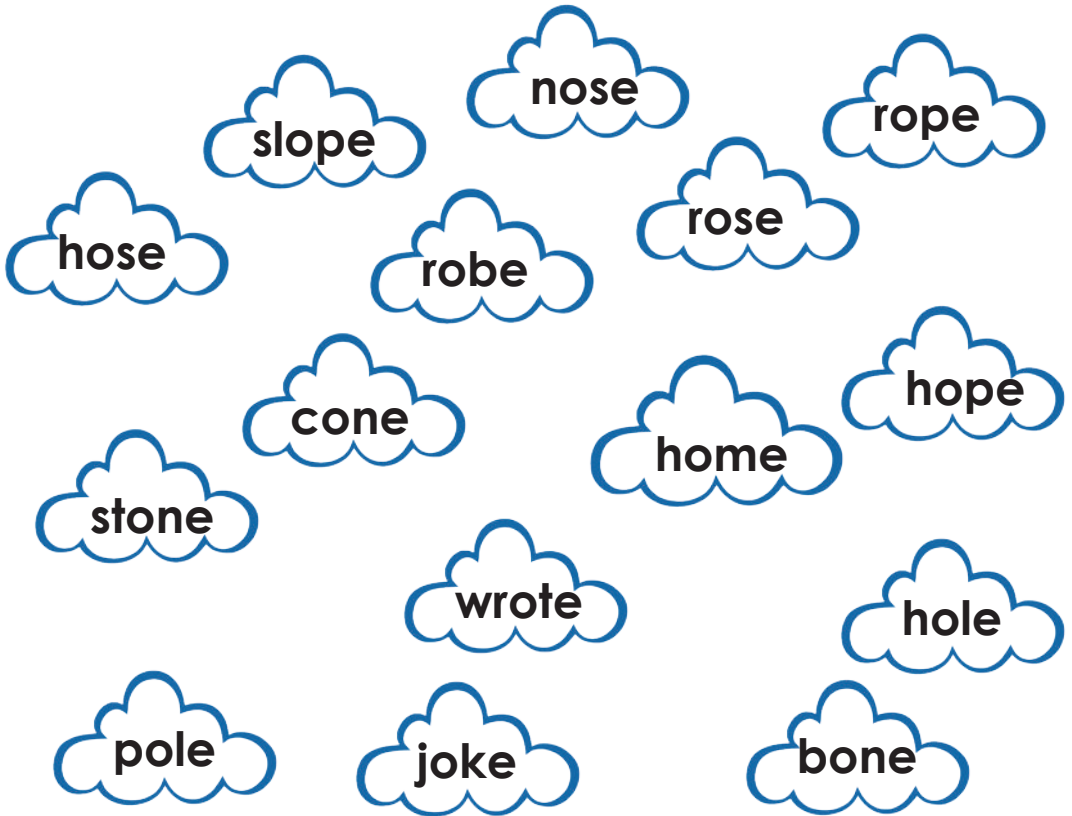
- ghundjewandjewa
 - kukena
 - kughufena
 - kuvera
 - kukaghura
- vineghedito
- kuwetjimita
 - kukотора
 - kupanga

Nkango monayiko

- kukusha
- kumeho
- kurara
- kukufana



Diphthongs (o-e)



Use any 3 of the words above and make your own sentences:

Yudamo nomora odo dina piromo

1

5

1	2			5	6			9	
		13				17	18		20
21	22			25	26			29	30
		33	34			37		39	
	42			45	46		48	49	
51			54	55		57			60
	62	63			66		68	69	
			74	75		77	78		
81	82				86				90
		93	94			97	98		

Nomora munke
yakunyima
nayakumeho:

_____ 37 _____

_____ 19 _____

_____ 66 _____

_____ 80 _____

_____ 99 _____

_____ 78 _____

yinene nayimwe ku 79

yididi nayimwe ku 31

yinene nayimwe ku 88

yididi nayimwe ku 23

yinene nayimwe ku 46

yididi nayimwe ku 52

yinene nayimwe ku 60

Shivike 13

Ntambundunge 3



Mangundu kuna kuvera

Mangundu kwashungiranga pepi naRosa munkondarongero. Yona Mangundu kakoro pamulighu ntani ghuye kakuyuvu yira kuna kuvera.

Mangundu kapi Anaya kushure namuntji. Mushongi wavo mukalikuto ntjinano kuna tantere nkondarongero yendi ashi mangundu kuna kuvera ntani mpwali kumundi. Ghuye kuna kuvera kakuti. Vawina vaMangundu kuna tantere mitiri wavo ashi ghuye kuna kara naupyu wakuyeruka, nturo, lishakima ntani mantjo ghendi kuna kupita maruntjodi. Ntani ghuye kuna kara navito vyavigeha kushipara nmurutu. Nkenda shiri.

Rosa kuna katantera vawina vyakuhamena kwaMangundu opo ana katika kumundi. Rosa kuna pura vawina ntjene naye ngawana kakuti morwa ghuye vamuvendwire pawanuke. Rosa ana hafa mukuyuva weyo ngoli shimpe kuna kuvera Mangundu nkenda.

1. Tjanga shiparatjangwa shashitimwitira.

2. Are ashungirango pepi naMangundu munkondarongero?

3. Tjanga vineghedito 3 vyaghuvera wakakuti.

4. Morwa nke ana piriri mo Mangundu munkondarongero?

5. Vinke ghuna kughaya yatanta nkango kutintika?



Vivarero

1. Twikira kuvarura:

- a. 200, 220, 240,
- b. 200, 230, 260,
- c. 250, 300, 350,
- d. 100, 200, 300,

2. Shinganyekera nakumpungika ntani ghuvare:

Kushinganyekera:

Kushinganyekera:

Kushinganyekera:

Varura: _____

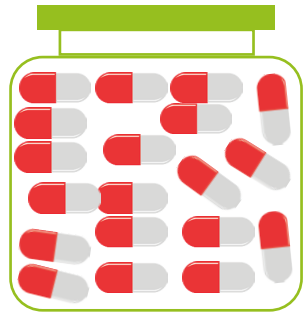
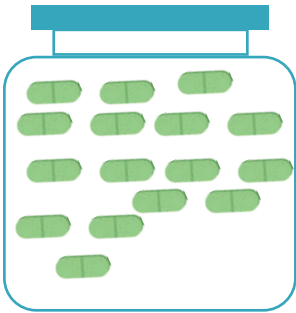
Varura: _____

Varura: _____

a

b

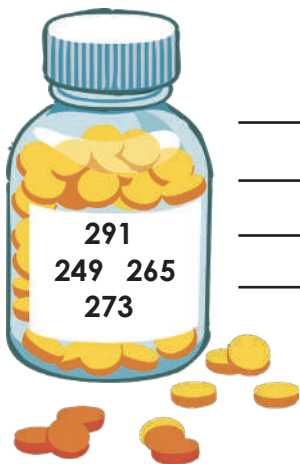
c



3. Tjanga nomora yakuruku ndi yakumeho:



4. Tura nawa nomora kutameka nomoradidi nange nomoranene.





Shivike 13

Ntambundunge 3



Ndanda dadinene naviyivito varuro

**Varura kudameka kwanaghumoye ndi kwamukurona
shitimwitira shino. Kuvhura ghuvarure wahana
kupwiyumuka? Rungashi ghuna pwiyumuka ghushetere?**

Tjangurura shiitimwitira osho kuntji nakutura mo viyivito varuro.

Vanane kuna kungwapayikira shibaki shaghukangungi shure yetu weno vana shweneke kushimba vitjepushi natjokolate mboroto yamuhaka oyo nahora nahafa shiri ovyo viwa shiri mo vanarenke vanane vana wederere mo nka apura nabanana kandini kayogati namboroto yakukanga pamundi virugho vimwe ame kushimba silaye yamakaroni oyo nahora po unene ne silaye yantwji nalipungu.





Kupakapo

$$\begin{array}{r} 100 \\ + 45 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 200 \\ + 53 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 400 \\ + 66 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 700 \\ + 51 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 300 \\ + 98 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 100 \\ + 79 \\ \hline \\ \hline \end{array}$$

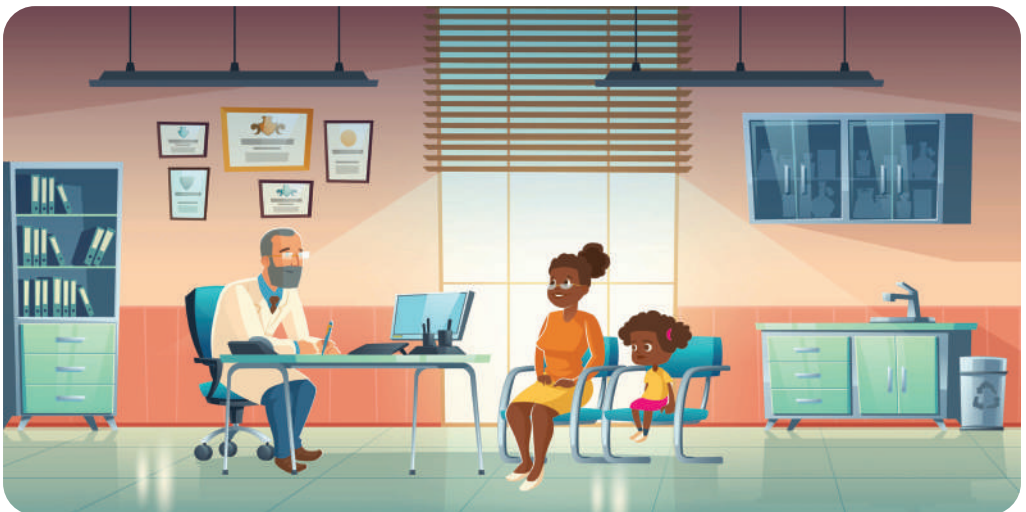
$$\begin{array}{r} 600 \\ + 74 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 400 \\ + 31 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 700 \\ + 93 \\ \hline \\ \hline \end{array}$$

Shivike 13

Ntambundunge 3





Nkwateli nkangodina

Toghororapo nkwateli
nkangodina yaghuhunga mwakehe ntanto:

1. Yona Tjuku _____ katukara kulivango
lyakudanaghukira.

● name ● atwe ● ame

2. Mbumbo kayita mawe _____.

● vavo ● atwe ● ame

3. Anna kunaghamba ashi _____ namughunyendi
kuna kuyenda vakakengere vidanaghuka vypativi.

● name ● vavo ● ghuye

4. Oshi shipopisha, _____ kunishitura parake
yavipopisha. ● vavo ● shaso ● atwe

5. Oyo mbapira yande, yimpe _____.

● vavo ● ove ● naghumwande

6. Mrs. Mukoya katoghorora _____ tupititire
vaghunyetu. ● atwe ● ame ● ghuye

7. Nakanderere twara vino _____ mposhi vakaruwanite ko.

● kwendi ● koye ● ame

8. Kirikimisha yakapito _____ kwatatilire
dogoro varambuke vavava navanane!

● ghuye ● atwe ● vavo

9. Murume kuna garapa ashi _____ kapi
vanakara naviruwana ovyo vana hepa.

● atwe ● ghuye ● vavo

10. Mate ana kara nalikona-kono yona makura ngurova
_____ kwakushonga.

● ame ● ghuye ● vavo



Nkwateli nkangodina dapaweko

3

11

Dingilika nkwateli nkango dina odo ghuvura kurughanita ghumanite ntanto.

- Oshine _____.
shande shoye shendi shetu shavo shasho

- Oghu muyusha ne _____.
wande woye wetu wendi washo

- Mvhatere niwane mbishi _____ ogho ana kombano.
wande ghoye wendi wetu wavo washo

- Ngaghuya kuvidanaghuka vyapa shure _____.
yande yoye yavo yasho yetu yendi

- Nke ruvara _____ oro wahora?
rwetu rwavho rwasho rwande roye rweni

- Kuvhura vikare _____?
vyande vyoye vyendi vyetu

- _____ ndje nahora unene.
ame ove shoye ghuye atwe

- _____ ntjo shashiwa po.
shoye shande vyavyo shetu shavo

- Kuni nko kumundi _____?
shoye wande wetu washo wavo

Shivike 13

Ntambundunge 3



Kumahura maudito

1. Ame nakara namadamate 150, mamarume mbyo ana ghulilipo madamate 23. Madamate mangashi tuna kara nagho naghantje kumwe?

2. Likoro ana kara navitondo vya mandjembere 44 mushipata shendi shavikwanyango. Ghuye ana ghulilipo nka vitondo 37 vyamandjembere. Vitondo vingashi ana kara navyo navintje vyamandjembere?

3. Kushitondo kuna kara apura 38. Dina yiminiko nka apura 45 kushitondo. Apura ngashi dina karoko weno kushitondo?

4. Pashikumba shanyango kunakara po banana 23. Vanane vana ghuru apura 19. Nyango ngashi dinakaro po nadintje kumwe?

5. Panakara vamati 3 ntani kehe ghuno ana kara namaguni 35. Maguni mangashi vana kara nagho naghantje kumwe?

6. Shikongo ana kara nashipito. Ghuye ana yita vamati 26 ntani vakadona 19. Vanuke vangashi vanakaro pashipito?

7. Mushikopa munakara vitoromani viviri vyavikuki. Mushitoromani shimwe munakara vikuki 59, ntani 39 mushitoromani shapeke. Vikuki vingashi navintje kumwe?



Lituro kumwe lyanomora

4

1. Nungakana vimbumburu mukukwita ndombwe yakukufana nosho shinakushuvo na 4. Ruwanita maruvara ghakukushuva mwakehe shino.

Shihonena: 14 yingi na 4 ku 10



2. Nungakana vimbumburu mukukwita ndombwe yakukufana nosho shinakaro shashididi na 4.

Shihonena: 7 yididi na 4 ku 11



Shivike 13

Ntambundunge 3



Shiruwo shantantani shanamuntji

1. Manita ntanto mushiruwo shantantani shanamuntji sha nkangorughano mushimbangu kuntji. Ntanto yakuhova nanayiruwana kare.

kuyenda	kuruwana	kushinga	kutwara
kwahora	kupwiyumuka	kurovera	



Mr. Kavedi kuruwana kuposa. Ghuye kapi aruwananga mumberegho yaposa. Ghuye kehe pano kuruwanenanga pandje mushitaghura. Ghuye _____ ntjangatumwa kuvantu navantje vamumukunda kehe liyuva. Ghuye _____ shimuturubayi shendi. Muvikondovinke Mr. kavedi kapi aruwananga. Ghuye _____. pandje yadoropa, makura ghuye _____ pandje yadoropa namukamali wendi. Mr. Kavedi namukamali wendi _____ mumukuro.





Vishwi

5

15

Kenga kuvishwi nakuvikwita ndombwe yaghuhunga.

1. Nkata ngashi dinakaro po? _____

Dikwite nkata nadintje ndombwe yashinalihenga.

2. Vikwalighuta vingashi navintje vinakaro po? _____

Kwita vikwalighuta navintje ndombwe yashinamako.

3. Vikovhutatu vingashi vinakaro po navintje? _____

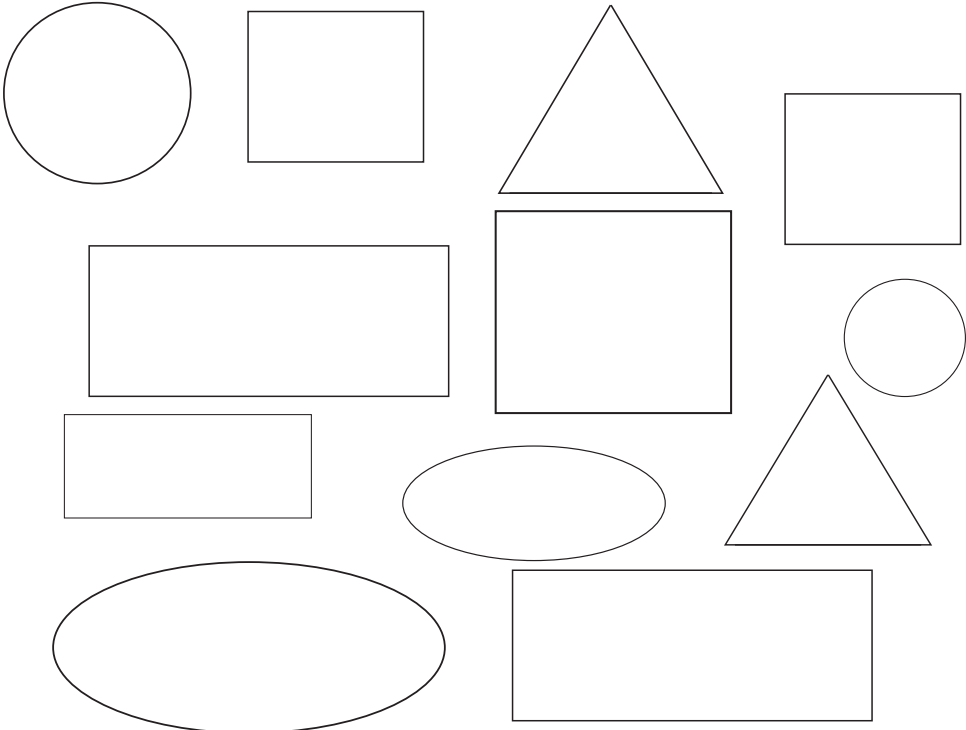
Kwita vikovhutatu navintje ndombwe yashinaliwiru.

4. Vikwalitjaro vingashi vinakaro po navintje? _____

Kwita vikwalitjaro navintje ndombwe yayigeha.

5. Vikwambando vingashi vinakaro po navintje? _____

Kwita vikwambando navintje ndombwe yashinaghuguni.



Shivike 13

Ntambundunge 3



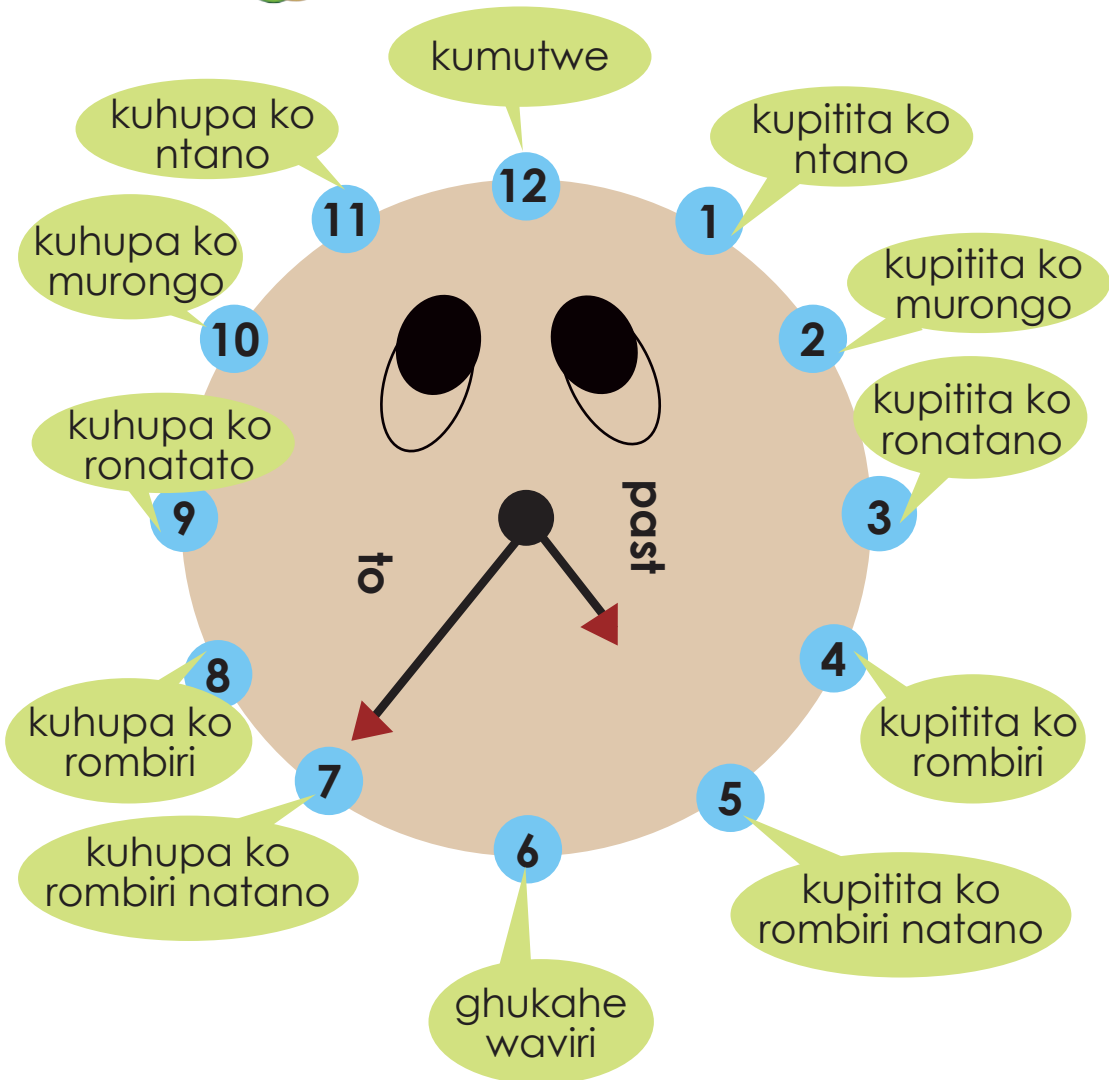


Ruvede munke rwaviri



Shivike 13

Ntambundunge 3





HIV na AIDS

“Atwe kuna kughambaghura vyakuhamena ku HIV na AIDS namuntji,” mo ana kughamba mukalikuto Nekaro. Kumeho yakurenka ashi tukatameke, nahoro kumunegheda mukadona akwato mutjima. Nahuguvura ashi mwamuyiva kare, nampiri ngoli, kumumuyiva nawa kutunda liyuva lyanamuntji. Ndambu yiya shi kumeho? Ndambu ashapuka nantjoni dendi ayende kumeho. Ghuye a piruka kadidi kadidi a kengere kuvaghunyendi. Anwe vamwe mwayiva ashi ame kwakara namamakadi. Vanane kwadohoroka kughuvera wa AIDS ame shimpe nimwanuke. Vavo kwavelire shiri unene. Ame nakuvurukashi vyavingi kuhamena kwavanane. Vyamulyopo ne, ame kwantjampuruka nalihamba lino nawanine kwavanane, mo ana kuvatantera Ndambu ahana kukapwida mantjo ghendi. Nakuvura shi kudimburura muntu ashi ana kara na HIV na AIDS. Atwe kapi twamonekanga yira vantu vakuvera ntani atwe kuparuka liparu lyaliwa yira momo vaparukanga vantu navantje. Virugho vimwe ame kukuyuva liroroko, nampiri ngoli ame kulya ndya daghukanguki nakurara nipwiyumuke. Ame kughufena nakunwa mutondo wande kehe pano. “Kughutukaghulita ko natuvantje tuvere,” mo ana kughamba mumati ghumwe. Hawe ovyo nakushorokashi. Lihamba kapi valiwananga mukudanaghuka kumwe ndi kukukwata. Yivenu tupu ashi ntjene aniremana nipite honde, muna kona kuyita mitiri ntani nakukwatashi honde yande. Navantje vanamwena teghete kuna kutegherera kovyo ana kuvatantera Ndambu. Ghuye kuvura kukupakera mbiri mwene ntani nka nampiri ngoli akara nakambumburu, kapi vyamurenkitanga akushuve navaghunyendi. “Kapi nahoro muntekure mwapeke kutunda opo munayuvu vyakuhamena kwande. Ame mukadona tupu yira keheghuno nakaro nalihamba lyakupinga,” mo ana kughamba Ndambu. “Mpandu Ndambu,” aghamba mukalikuto Nekaro. Navantje avakanda maghoko nakuyenda vakamorore Ndambu.



Ghushwi nkango nankango monayiko

Ghushwi nkango

- HIV/AIDS
- ghuvera
- ndya daghukanguki
- mutondo
- lihamba
- kambumburu
- kupita honde
- honde
- kukwateka
- kupinga

Nkango monayiko

- atwe
- kughamba
- kumeho
- kutameka
- kuyiva
- ghungi
- oshinya
- kuhora

Varura shitimwitira osho palipenuno pito nakulimburura mapuro kuntji.

1. Are vatimwitira mushitimwitira shino?

2. Ndambu kwakara na _____.

- a) vawinaghona
- b) vanyakulyendi vavakadi

3. Vawina kwadhorokire ku _____.

- a) AIDS
- b) kankeri



Kutjanga kwaghukunguru

1

1. Tjanga ntanto ntatu daghushiri dakuhamena ku HIV na AIDS odo ghuvura kuwana movyo ana ghamba Ndambu.

2. Tjanga maghano matatu ogho ghana kutanto ashi weni omo ghuvura kupakera mbiri vantu vakaro naHIV naAIDS.

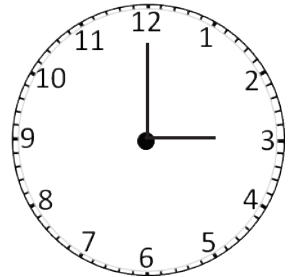
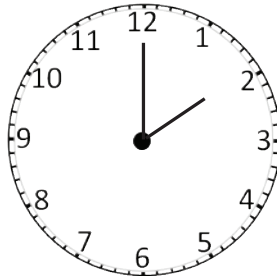
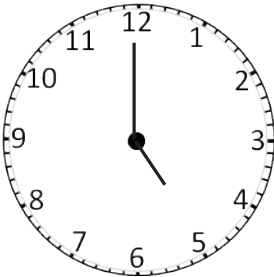
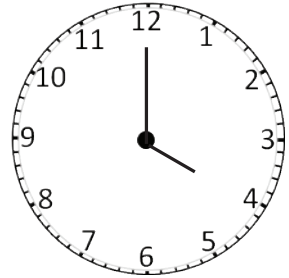
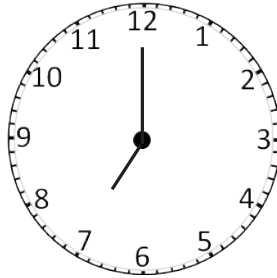
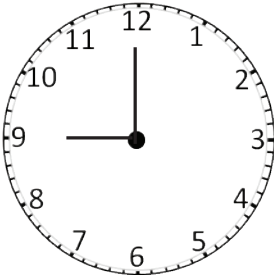
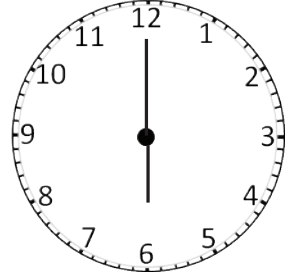
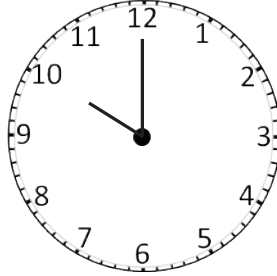
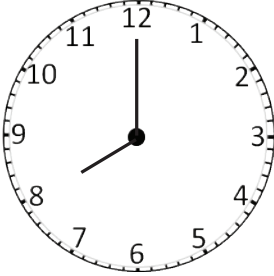
Shivike 14

Ntambundunge 3





Tjanga ruvede kuntji yakehe viri.



Shivike 14
Ntambundunge 3



Nkangodina

Gaghununa nkangodina mu nkangodina pongeko ndi nkangodina dina nakuditjaga mumavango ghaghuhunga.

Nkangodina pongeko ne madina gha papongeko yira muntu, livango ndi shininke.

Shihonena: mumati, mukunda, mwedi

Nkangodina dina madina ghavantu, mavango ndi vininke.

Nkangodinadina kehe pano kwatamikitanga kundanda yayinene. Shihonena: Sara, Ntjinano, Rundu

Liyuva	Mukadona	Venduka	Mukuro	Zambezi
Ndundu	Shundaha	Afrika	shiro	Angola
Matamu	Ndokotora	Nkurumbara	Katongo	Shirongo
Mwedi	Dr. Kambinda	Ilikururongo	Nkurupemba	Rundu

Shivike 14

Ntambundunge 3

Nkangodina pongeko	Nkangodina-dina



Lituro kumwe nomora

1. Tjanga lituro kumwe nomora lya 20.



2. Gaghununa vivarero nakuvitura munomora kutwara mumulyo vango. Shihonena: $234 = 200 + 30 + 4$

- a. $275 =$ _____ b. $327 =$ _____
 c. $448 =$ _____ d. $182 =$ _____
 e. $250 =$ _____ f. $531 =$ _____

3. Pampakana nomora: Shihonena. $100 + 60 + 4 = 164$

- a. $100 + 40 + 2 =$ _____
 b. $200 + 30 + 8 =$ _____
 c. $400 + 50 + 7 =$ _____
 d. $300 + 10 + 9 =$ _____



Ngango rughano dapashirugho pito

3

23

Mushimbangu osho kurulyo, tjanga shirughopito shakehe nkango rughano. Vanakurughanene po shakuhova:

Nkango rughano	Shirugho pito
kutjanga	katjanga
kuyenda	
kurughana	
kutuka	
kuyita	
kukara	
kushonga	
kutameka	
kukuyuva	
kutoghorora	

Shivike 14

Ntambundunge 3



Vivarero

Yuda mo lilimburo lyaghuhunga.

$200 + 43 = \underline{\hspace{2cm}}$

$100 + 26 = \underline{\hspace{2cm}}$

$300 + 51 = \underline{\hspace{2cm}}$

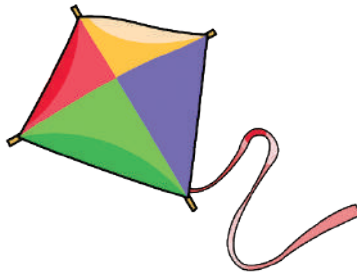
$400 + 44 = \underline{\hspace{2cm}}$

$500 + 10 = \underline{\hspace{2cm}}$

$200 + 21 = \underline{\hspace{2cm}}$

Shivike 14

$$\begin{array}{r} 321 \\ + 42 \\ \hline \hline \end{array}$$



$$\begin{array}{r} 514 \\ + 23 \\ \hline \hline \end{array}$$

Ntambundunge 3

$$\begin{array}{r} 162 \\ + 33 \\ \hline \hline \end{array}$$

$$\begin{array}{r} 241 \\ + 54 \\ \hline \hline \end{array}$$

$$\begin{array}{r} 233 \\ + 11 \\ \hline \hline \end{array}$$

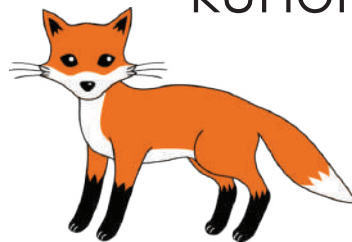
$$\begin{array}{r} 344 \\ + 13 \\ \hline \hline \end{array}$$



Shirugho shashinantani

Shetakanita ovino vinakukwamoko:

- | | |
|---------------|----------|
| 1. Mukwiti | kushonga |
| 2. Ndokotora | kuvaka |
| 3. Mushongi | kupanga |
| 4. Muhondji | kukwita |
| 5. Mushingi | kutereka |
| 6. Munafarama | kushinga |
| 7. Muwidi | kupurura |
| 8. Mutereki | kuhondja |



Maruyendo

$1 \times 3 = \underline{\hspace{2cm}}$

$2 \times 2 = \underline{\hspace{2cm}}$

$8 \times 5 = \underline{\hspace{2cm}}$

$9 \times 4 = \underline{\hspace{2cm}}$

$10 \times 10 = \underline{\hspace{2cm}}$

$4 \times 4 = \underline{\hspace{2cm}}$

$7 \times 3 = \underline{\hspace{2cm}}$

$10 \times 2 = \underline{\hspace{2cm}}$

$6 \times 5 = \underline{\hspace{2cm}}$

$7 \times 4 = \underline{\hspace{2cm}}$

$3 \times 10 = \underline{\hspace{2cm}}$

$12 \times 4 = \underline{\hspace{2cm}}$

$2 \times 3 = \underline{\hspace{2cm}}$

$9 \times 2 = \underline{\hspace{2cm}}$



Kumahura maghudito

4

27

1. Kalipa ana kara namaghushi 17. Maghushi ghaYondi masheshu na 5. Maghushi mangashi ana kara nagho Yondi?

2. Zola ana kara navibaloni 26. Vibaloni vyaShirudi visheshu na 4 kushetakanita navyaZola. Vibaloni vingashi ana kara navyo Shirudi?

3. Kalipa ana kara navihaghuto 18. Mangundu ana kara navihaghuto 28. Vihaghuto vingashi vana kara vavyo navintje?



4. Nkwirikwande ana kara nadimunoko 78 adike likuma. Vavava vana kara nadimunoko 97 vadike likuma navo. Navingashi dinakushuvu dimunoko ana kara nado nkwirikwande nadimunoko vana kara nado vavava?

5. Ngonde ana kara naghungi wavipopisha 9 kupitakana vipopisha vya Emi. Emi ana kara navipopisha 12. Vipopisha vingashi ana kara navyo Ngonde?

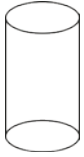
Shivike 14

Ntambundunge 3

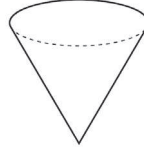


Vishwi vya maruha matatu 3D

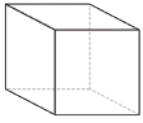
Toghorora lidina lyaguhunga lyakehe shishwi.



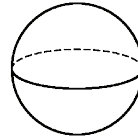
- shikovhune
 mbumbe
 bala



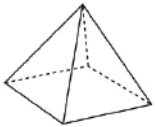
- ndunda
 bala
 kapundi



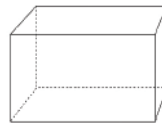
- kapundi
 shikovhune
 mbumbe



- mbumbe
 bala
 kapundi



- shikovhune
 mbumbe
 ndunda



- kapundi
 shikovhune
 ntjwakaro

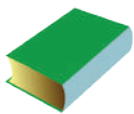
Choose the correct choice that best describes each object.



- shikovhune
 mbumbe
 ntjwakaro



- ndunda
 bala
 kapundi



- shikovhune
 mbumbe
 nywakaro



- ndunda
 bala
 kapundi



- shikovhune
 mbumbe
 nywakaro



- ndunda
 bala
 kapundi



Possessive pronouns

Write the correct possessive form of the nouns:

Example: The food of the dog.
The dog's food

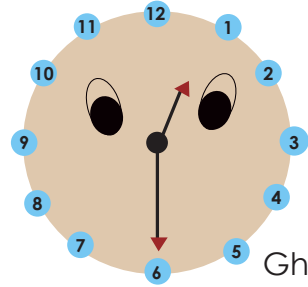


1. The dish of the cat. _____
2. The coat of the boy. _____
3. The tools of the man. _____
4. The tyre of the car. _____
5. The room of the teacher. _____
6. The hat of the woman. _____
7. The cage of the bird. _____
8. The toy of the child. _____

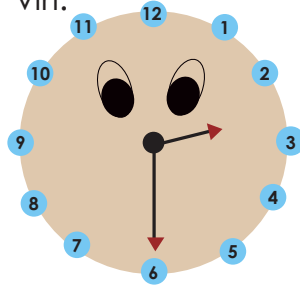


Kuvarura ruvede paviri: Ghukahe waviri

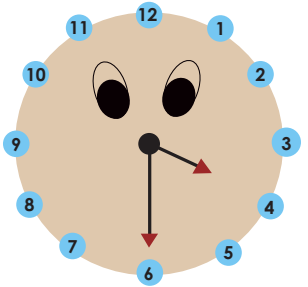
Tjanga ruvede rwaghuhunga oro vana kunegheda pakehe viri.



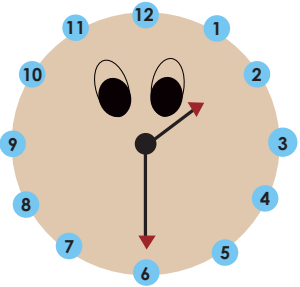
Ghukahe
ghunapito kuronaviri.
.....



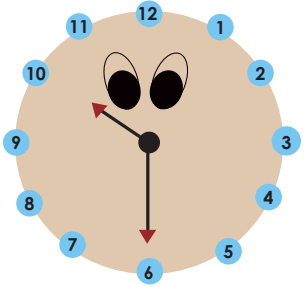
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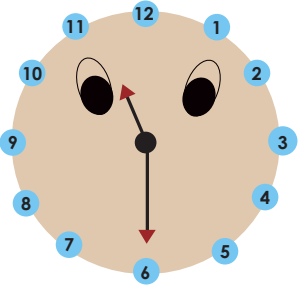
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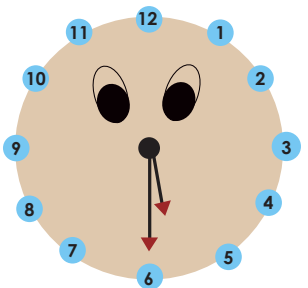
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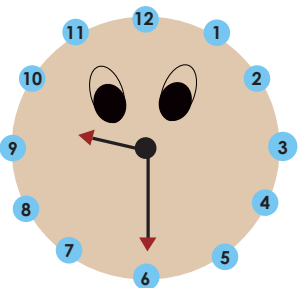
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Shivike 14

Ntambundunge 3

Success begins with education

Parents will be able to visit the website and watch daily videos or they can subscribe to our Zoshy Telegram channel to receive daily videos. One can also download the PDF version of the book on the website. Also watch our daily show on Active Kids to watch your favourite lessons.



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- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



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PRINT

- 1** Turn the booklet to landscape.
- 2** Take a ruler & tear the booklet at the top long fold.
- 3** Fold the booklet in half.
- 4** The learning journey can start.

STEPS

HOW TO TEAR & USE THE BOOKLET





GET TO KNOW YOUR TEACHERS!



MEET OUR RUMANYO TRANSLATORS



Maria Shinkeva



Emilie Shinkeva

Atwe tuna hafa morwa vanuke weno kuvura kukushonga murumanyo vinike ovyo vana kuwana maghokoghoko ntani kuna kuvivayitira papepi.

Get to know more about another Namibian language!

This week we will be learning about *Khoekhoegowab*.

Did you know?

- Khoekhoegowab has 4 clicks, namely !, |, || and †.
- It is spoken in Namibia, Botswana and South Africa.
- There are about 200 000 people in Namibia that speaks Khoekhoegowab.
- Regions in Namibia where it is mostly spoken include; **Kunene, Khomas, Hardap, Omaheke, Otjizondjupa and Oshikoto.**

Take part in our competition of the week!

You stand a chance to

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